Falling



拍数: 64

级数: Intermediate

编舞者: Hazel Pace (UK) - July 2010

音乐: Fall (Almighty Radio Edit) - Kimberley Locke : (The Radio Mixes - EP)



Intro: 32 Counts.

(1 – 8) Flick Left Foot X 2, & Cross, Weave Left, Cross Rock Recover.

- 1 2 Flick left foot forward twice. (Alternative Left heel digs X 2).
- &3-4 Step left beside right, cross right over left, left to left side.

墙数:2

- 5 6 Right behind left, left to left side.
- 7 8 Cross rock right over left, recover on left.

(9 – 16) Right Shuffle 1/4Turn Right, Left Shuffle 1/2 Turn Right, Rock Back Recover, Step Forward Touch.

- 1 & 2 Make 1/4 turn right stepping forward on right, left beside right, forward on right. (3.00).
- 3 & 4 Left shuffle making 1/2 turn right on left, right, left. (9.00).
- 5 6 Rock back on right, recover on left.
- 7 8 Step forward on right, touch left out to left side.

(17 – 24) Cross, 1/4 Turn Left, Left Coaster Step, Step 1/2 Turn Right, Right Shuffle Back.

- 1 2 Cross left over right, make 1/4 turn left stepping back on right. (6.00).
- 3 & 4 Step back on left, right beside left, forward on left.
- 5 6 Step forward on right, make 1/2 turn right stepping back on left. (12.00).
- 7 & 8 Step back on right, left beside right, back on right.

(25 – 32) Rock Back Recover, Full Turn Right, (Travelling Forward). Left Kick Ball Stride, Step Forward Touch.

- 1 2 Rock back on left, recover on right.
- 3 4 Full turn moving forward on left, right. (Alternative Walk Left, Right).
- 5 & 6 Kick left forward, step ball of left beside right, stride forward on right.
- 7 8 Step forward on left, touch right beside left.

(33 – 40) Monterey 1/4 Turn Right, Side Rock Recover, Right Crossing Shuffle.

- 1 2 Touch right out to right side, 1/4 turn right stepping right beside left. (3.00).
- 3 4 Touch left out to left side, cross step left over right.
- 5 6 Rock right out to right side, recover on left.
- 7 & 8 Cross right over left, left to left side, cross right over left.

(41 – 48) Side Rock Recover, Cross, HOLD, & Cross, Rock Recover Cross.

- 1 2 Rock left out to left side, recover on right.
- 3 4 Cross left over right, HOLD.
- &5 Small step on right to right side, cross left over right.
- 6-7-8 Rock right out to right side, recover on left, cross right over left.

(49 – 56) Make 1/4 Turn Right, Side Cross Side, Behind Side Cross, Side Rock Recover.

- 1 2 Make 1/4 turn right stepping back on left, right to right side. (6.00).
- 3 4 Cross left over right, right to right side.
- 5 & 6 Left behind right, right to right side, cross left over right.
- 7 8 Rock right to right side, recover on left.

(57 – 64) Make 1/2 Turn Left Clicking Fingers HOLD X 2, Cross Rock Recover, Stride Right, Drag.

1 – 2 Make 1/2 turn left stepping right to right side, HOLD.

(Lift arms up, elbows bent, click fingers) (Start to drop arms). (12.00).

3 – 4 Make 1/2 turn left stepping left to left side, HOLD.

(Lift arms up, elbows bent, click fingers) (Drop arms). (6.00).

- 5 6 Cross rock right over left, recover on left..
- 7 8 Stride right to right side, drag left towards right.

There is A false ending on 5th sequence, (section 41-48) keep going at same speed, the beat kicks in again on count 49.

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