

Nothin' Better

拍数: 64 墙数: 2 级数: Intermediate
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音乐: One In a Million - Ne-Yo



Back, Back, 1/2, Right Lock Step, Rock Step, Sailor 1/2 Cross.

- 1-3 Step back on Left, step back on Right, make 1/2 turn to Left stepping forward Left.
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right.
- 6-7 Rock forward on Left, recover on Right.
- 8&1 Make 1/4 turn Left cross stepping Left behind Right, 1/4 Left stepping Right next to Left, cross step Left over Right.

Full Turn Unwind, Right Shuffle, Cross, Side, Behind, 1/8, 1/8.

- 2-3 Unwind full turn to the Right. (over 2 counts)
- 4&5 Step forward on Right, step Left next to Right, step Forward on Right. **R**
- 6-7 Cross step Left over Right, step Right to Right side.
- 8&1 Preparing to turn cross step Left behind Right, making 1/8 turn to Left step back on Right, making 1/8 turn to Left step Left to Left side. (9:00)

Together, Step, Right Lock Step, Step, 3/4 Spiral, Chasse Right.

- 2-3 Step Right next to Left, step forward on Left.
- 4&5 Step forward on Right, lock Left behind, step forward on Right.
- 6-7 Step forward Left, on ball of Left make 3/4 turn to Right. (Right will be slightly raised & slightly hooked across Left)
- 8&1 Step Right to Right side, step Left next to Right, step Right to Right side.

Cross Rock, Chasse 1/4, Step, 1/2, 3/4 Triple Cross.

- 2-3 Cross rock Left over Right, recover on Right.
- 4&5 Step Left to Left side, step Right next to left, make 1/4 turn Left stepping forward Left.
- 6-7 Step forward on Right, make 1/2 turn to Right stepping back on Left. *R*
- 8&1 Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right stepping Left to Left side, cross step Right over Left.

Side, Touch, Touch & Side/Sway, Sway, Sway, Drag & Cross.

- 2-3 Step Left to Left side, touch Right next to Left.
- 4&5 Touch Right to Right side. Touch Right next to Left, step Right to Right side swaying hips Right.
- 6-7 Sway hips Left-Right.
- 8&1 Drag Left in toward Right, step Left next to Right, cross step Right over Left.

1/4 Rock, Recover, Lock Step Back, Out, Out, Rock & Side.

- 2-3 Make 1/4 turn Left rocking forward on Left, recover on Right.
- 4&5 Step back on Left, lock Right over Left, step back on Left.
- 6-7 Step Right to Right side, step Left to Left side.
- 8&1 Cross rock Right over Left, recover on Left, step Right to Right side.

Rock & Side & Rock, Back Together Back, Back, 1/2, Step 1/2 Point.

- &2&3 Cross rock Left over Right, recover on Right, step Left to Left side, rock forward on Right.
- 4&5 Step back on Left, step Right next to Left, step back on Left.
- 6-7 Step back on Right, make 1/2 turn to Left stepping forward on Left.
- 8&1 Step forward on Right, pivot 1/2 turn to Left, point Right to Right side.

Sailor Full Turn & Cross, Rock, Recover, Cross, 1/4.

- 2&3 Make 1/4 turn to Right cross stepping Right behind Left, 1/4 Right stepping Left next to Right, 1/4 Right stepping Right across Left.
- &4 1/4 Right stepping Left next to Right, cross step Right over Left.
- 5-8 Rock to Left side on Left, recover on Right stepping slightly back, cross step Left over Right, Make 1/4 turn Right Pressing forward on Right.

***R* Restart With Step Change Wall 2**

Dance up to and including Count 6 (30) Section 4.. Then..

- 7-8 Pivot 1/2 turn to Left, make 1/4 Left stepping Right to Right side... Then Restart dance from beginning...

****R** Restart With Step Change Wall 5**

Dance up to and including Count 5 Section 2... Then...

- 6-8 Rock forward on Left, recover on Right, drag Left back next to Right.... Then Restart dance from beginning...
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