

Fade Into You

拍数: 66 墙数: 2 级数: Phrased Intermediate waltz
编舞者: Bonnie Johnson - July 2013
音乐: Fade Into You (feat. Sam Palladio & Clare Bowen) - Nashville Cast



Sequence: (A, tag, A) (B, tag, A) (BB) (AAA)

This dance was written to be intermediate, without being too 'turny'.

Easy Tag is done the first two times you hear just the instruments.

Part B is syncopated to fit the syncopated sections of the music.

Intro: 24 counts

PART A: 42 COUNTS (always starts on 12:00 wall except for 4th & 6th times, when it starts on 6:00 wall)

RIGHT TWINKLE, CROSS, BACK, TOGETHER

1-3 Cross right over left, rock left side, recover to right
4-6 Cross left over right, step right back, step left together

TWO STEPS FORWARD, TURN ¼ RIGHT STEPPING RIGHT SIDE, CROSS WEAVE RIGHT

1-3 Step right forward, step left forward, turn ¼ right stepping right side (3:00)
4-6 Cross left over right, step right side, cross left behind right

TURN ¼ RIGHT BASIC FORWARD, BASIC BACK

1-3 Turn ¼ right stepping forward right, step left together, step right together (6:00)
4-6 Step left back, step right together, step left together

FORWARD, TURN & POINT, HOLD, CROSS, TURN ¼ LEFT, TURN ¼ LEFT

1-3 Step right forward, turn ¼ right with weight still on right touching left to side, hold (9:00)
4-6 Cross left over right, turn ¼ left stepping right back, turn ¼ turn left stepping left side (3:00)

CROSS, SIDE, BEHIND, TURN ¼ LEFT & CROSS, SIDE, BEHIND

1-3 Cross right over left, step left side, cross right behind left
4-6 Turn ¼ left as you cross left over right, step right side, cross left behind right (12:00)

CROSS, SIDE, BEHIND, TURN ¼ LEFT & CROSS, SIDE, BEHIND (same as previous section)

1-3 Cross right over left, step left side, cross right behind left
4-6 Turn ¼ left as you cross left over right, step right side, cross left behind right (9:00)

CROSS, TURN ¼ RIGHT, TURN ½ RIGHT, ROCK FORWARD, BACK, TOGETHER

1-3 Cross right over left, turn ¼ turn right stepping left back, turn ½ turn right stepping right forward (6:00)
4-6 Rock left forward, rock right back, step left together (forward mambo)

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TAG: 12 COUNTS (always starts at 6:00)

STEP, TOUCH, HOLD, STEP, TOUCH, HOLD

1-3 Step right forward, point left to side, hold,
4-6 Step left forward, point right to side, hold

ROCK FORWARD, ROCK BACK, ½ TURN RIGHT, ROCK FORWARD, BACK, TOGETHER

1-3 Rock right forward, recover back onto left, turn ½ turn right stepping right forward (mambo ½ turn) (12:00)
4-6 Rock left forward, recover back onto right, step left together (forward mambo)

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PART B: 24 COUNTS (Always starts at 6:00)

STEP RIGHT FORWARD, KICK-BALL-STEP, STEP LEFT FORWARD, KICK-BALL-STEP

- 1, 2&3 Step right forward, kick left forward-step down on ball of left-step slightly forward on right
4, 5&6 Step left forward, kick right forward-step down on ball of right-step slightly forward on left

STEP RIGHT FORWARD , ¼ TURN LEFT CROSSING SHUFFLE, SIDE, ROCK, CROSS

- 1, 2&3 Step right forward, turn ¼ turn to left doing a left-right-left crossing shuffle (to the right) (3:00)
4, 5, 6 Step right side, recover to left, cross right over left

SIDE, CROSSING SHUFFLE, SIDE, CROSSING SHUFFLE

- 1, 2&3 Step left side, do a right-left-right crossing shuffle (to the left)
4, 5&6 Step left side, do a right-left-right crossing shuffle (to the left)

SIDE, ¼ RIGHT COASTER STEP, STEP LEFT FORWARD, ½ TURN LEFT, ½ TURN LEFT

- 1, 2&3 Step left side, turn ¼ right stepping back on right-step left together-step right forward (6:00)
4, 5, 6 Step left forward, turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left (6:00)

(You can leave these two ½ turns out and just take two steps forward instead.)

At the end, you will be facing the front. Just take one step back on the right foot and pose.

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