

# Nancy Jo Shuffle (cha cha)

**COPPER** KNOB  
STEPPERS

拍数: 40      墙数: 4      级数: High Beginner  
编舞者: Nancy & Jo - July 2014  
音乐: Make Love to Me - Anne Murray : (Album: The Best So Far / Croonin')



## Alt. music:-

Pontoon by Little Big Town,  
The Wanderer by Eddie Rabbitt (118 bpm)  
Land of Enchantment by Michael Martin Murphey, (108 bpm)  
He Drinks Tequila by Sammy Kershaw & Lorrie Morgan (127 bpm)  
Baby's Got her blue jeans on by Mel McDaniel (105 bpm)  
Write this Down by George Strait (124 bpm)

While learning the dance, I recommend Make Love to me.

(This dance can be done to almost any two step music) and many other songs just by changing the speed of the steps!

## Right foot lead

### Basic Cha Cha Pattern of shuffle forward right, rock recover, shuffle back left, rock recover

1&2      Shuffle forward right-left-right  
3 4      Rock forward on the left, recover on the right  
5&6      Shuffle back left-right-left  
7 8      Rock back on the right, recover on the left

### Shuffle forward, rock recover, Shuffle ½ turning left, Shuffle ½ turning left (total of 360 degree turn)

1&2      Shuffle forward right-left-right  
3 4      Rock forward on the left, recover on the right  
5&6      Shuffle back left-right-left Turning ½ left (6:00)  
7&8      Shuffle forward right-left-right Turning ½ left (12:00)

### Rock back recover, Shuffle forward

1 2      Rock back on left, recover right  
3&4      Shuffle forward left-right-left

### Side rock recover and cross shuffle starting with the right then left

1 2      Rock right foot to the right side, recover on the left  
3&4      Cross shuffle: cross right over left, step left to the side, cross right over left  
5 6      Rock left foot to the left side, recover on the right  
7&8      Cross shuffle: cross left over right, step right to the side, cross left over right

### Sways (RLRL)

1 - 4      Sway right, sway left, sway right, sway left (ending with weight on left)

### Jazz Box with ¼ turn right, Jazz Box in place

1 2 3 4      Cross right over left, step left back, turning ¼ Right step side on right, step left next to right (3:00)  
5 6 7 8      Cross right over left, step back on left, step right, step left next to right

### Start over

line dance Nancy Jo 5/18/14

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Last Update - 28th July 2014

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