

A Candle In The Dark (zh)

COPPER KNOB
STEPSHEDS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Pat Stott (UK) - 2010年11月
音乐: When You Tell Me That You Love Me - Julio Iglesias & Dolly Parton : (CD: Crazy)



前奏: Commence after 36 seconds when Dolly Parton starts singing on the word "hold"

第一段 Side, Hold, Ball, Cross, Side, Cross Rock, Recover, Side, Cross Rock, Recover, ¼ Turn Left

- 1-2 Large step to right, hold and slightly draw left toe towards right (feet apart) 右足右一大步, 候(左足趾拖併至, 雙腳分開)
- &3 Cross left behind right on ball of foot, (pushing off left foot) step right across left 左足於右足後交叉踏, (推左足離地)右足於左足前交叉踏
- 4 Step left to left 左足左踏
- 5-6& Cross right over left, recover onto left, small step to right 右足於左足前交叉下沉, 左足回復, 右足略右踏
- 7-8 Cross left over right, recover onto right 左足於右足前交叉下沉, 右足回復
- & Turn ¼ left and step onto left 左轉90度左足踏

第二段 ½ Pivot, Full Turn, Step, Forward, Recover, Switch, Step Forward, ½ Turn Left

- 1-2 Step forward on right, ½ pivot left transferring weight to left 右足前踏, 左轉180度重心在左足
- & Turn ½ to left stepping slightly back on ball of right foot 左轉180度右足略後踏
- 3-4 Turn ½ left stepping forward on left, step forward on right 左轉180度左足前踏, 右足前踏
- 5-6 Rock forward on left, recover onto right 左足前下沉, 右足回復
- & Close left to right 左足併踏
- 7-8 Step forward on right, slowly turn ½ left keeping weight on right 右足前踏, 左轉180度重心在右足

第三段 Skate, Skate, Shuffle To Left Diagonal, Cross, Recover, Side, Cross, Full Turn With Sweep

- 1-2 Skate left to left diagonal, skate right to right diagonal 左足左斜角滑冰踏, 右足右斜角滑冰踏
- 3&4 Shuffle forward to left diagonal – left, right, left 左斜角前交換-左, 右, 左
- 5-6 Cross right over left, recover onto left 右足於左足前交叉下沉, 左足回復
- & Squaring up again taking a small step to right 右足略右踏轉正
- 7-8& Cross left over right, unwind full turn right sweeping right round from front to back (weight still on left) 左足於右足前交叉踏, 右繞轉右足由前繞至後(重心在左足)

第四段 Behind, Side, Cross, Side, Cross, Recover, Side, Cross, Full Turn, Side Cross, Full Turn

- 1&2 Right behind left, left to left, cross right over left 右足於左足後踏, 左足左踏, 右足於左足前踏
- &3 Small step left to left, cross right over left 左足略左踏, 右足於左足前交叉下沉
- 4 Recover onto left 左足回復
- &5,6 Small step to right, cross left over right, Full turn right keeping weight on left 右足略右踏, 左足於右足前交叉踏, 右轉圈重心在左足

&7,8 Small step to right, cross left over right, Full turn right keeping weight on left 右足略右踏, 左足於右足前交叉踏, 右轉圈重心在左足

you can take one or both turns out with just holds on beat 6 and 8
簡易版, 第6拍及第8拍Hold不用轉圈, 只做Ball-Cross

END of wall 2 (facing 6 O'clock) 第二面牆結束(面向6點鐘)

1-8& Dance section 1 跳第一段

9-10 Dance 1-2 of section 2 跳第二段前2拍

Then restart from the beginning (facing 9 O'clock) – now starting 4th sequence

面向9點鐘, 從頭起跳第四面牆

TAG END of 5th wall facing 3 O'clock 第五面牆結束(面向3點鐘)

1-4 Sway right, left, right, left then - Restart from the beginning
擺臀-右, 左, 右, 左, 從頭起跳

End of music, Slow last few steps of the dance to fit the music, turn to face the front and sway and pose to the end of the music.

音樂最後會變慢, 配合音樂節拍舞動, 轉面向前面牆, 擺臀到音樂結束
