Shanghai Beach



编舞者: Monita Lim (MY) - September 2014

音乐: Shanghai Beach (Shanghai) - Frances Yip (葉麗儀)



Intro: 24 counts□

S1: CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE LEFT

1-2 Cross R over L, Recover on L

3&4 Step R to R, Step L beside R, Step R to R

5-6 Cross L over R, Recover on R

7&8 Step L to L, Step R beside L, Step L to L

S2: ROCKING CHAIR, R FORWARD, PIVOT ½ TURN, TRIPLE STEP CHA

1-4 Rock R forward, Recover on L, Rock R back, Recover on L

5-6 Step R forward, Pivot ½ turn L

7&8 Cha cha in place RLR

S3: WEAVE R, SWEEP, WEAVE L, POINT

1-4 Cross L over R, Step R to R, Step L behind R, Sweep R behind L

5-8 Step R behind L, Step L to L, Cross R over L, Point L to L

S4: CROSS POINT (2X), FORWARD ROCK, RECOVER, COASTER STEP□

1-4 Cross L over R, Point R to R, Cross R over L, Point L to L

5-6 Rock L forward, Recover on R

7&8 Step L back, Step R beside L, Step L forward

Ending: Music will end at 12:00. During Wall 8 (6:00), dance up to 24 counts and pose.

NO TAGS! NO RESTARTS!

Relax & Enjoy!

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