

# Trains & Boats & Planes

COPPER KNOB  
BY SHEETS

拍数: 48                      墙数: 2                      级数: Beginner  
编舞者: Rene & Reg Mileham (UK) - September 2014  
音乐: Trains and Boats and Planes - Dionne Warwick : (CD: Here's Dionne)



Style : Easy Listening 36 count intro (start on vocals) - approx 106 bpm

## Section 1: Heel, toe, shuffle. Rocking chair

1 – 2                      Touch Right heel forward, touch Right toe back  
3 & 4                      Step Right forward, close Left to Right, step Right forward  
5 – 6                      Rock forward on Left, rock back on Right  
7 – 8                      Rock back on Left, rock forward on Right

## Section 2: Left grapevine, touch. Sway, touch, sway touch.

1 – 2                      Step Left to side, step Right behind Left  
3 - 4                      Step Left to side, touch Right next to Left  
5 – 6                      Sway Right, touch Left next to Right  
7 – 8                      Sway Left, touch Right next to Left

## Section 3: Right grapevine, touch. Sway touch, sway touch

1 – 2                      Step Right to side, step Left behind Right  
3 - 4                      Step Right to side, touch Left next to Right  
5 – 6                      Sway Left, touch Right next to Left  
7 – 8                      Sway Right, touch Left next to Right

## Section 4: Heel, toe, shuffle. Rocking chair

1 – 2                      Touch Left heel forward, touch Left toe back  
3 & 4                      Step Left forward, close Right to Left, step Left forward  
5 – 6                      Rock forward on Right, rock back on Left  
7 – 8                      Rock back on Right, rock forward on Left

## Section 5: 2 x ¼ Monterey turns

1 – 2                      Point Right to right side, ¼ turn right step Right next to Left  
3 – 4                      Point Left to left side, step Left next to Right  
5 – 6                      Point Right to right side, ¼ turn right step Right next to Left  
7 – 8                      Point Left to left side, step Left next to Right

## Section 6: Step, hold. Back rock, recover. Side, hold, back rock, recover

1 – 2                      Step Right to right side, hold  
3 – 4                      Rock Left behind Right, recover onto Right  
5 – 6                      Step Left to left side, hold  
7 – 8                      Rock Right back, recover onto Left

Contact: [regandrene@btinternet.com](mailto:regandrene@btinternet.com)