Fool For Lesser Things



拍数: 64 墙数: 2 级数: Improver

编舞者: Yvonne Anderson (SCO) - September 2014

音乐: Fool for Lesser Things - Rick Trevino: (Album: Whole Town Blue - iTunes)



Notes: ☐ Start on vocal. To finish facing front...tricky as the music fades, so dance up to counts 33-40 then cross unwind 3/4 turn left to face home wall Taa Dah!! NO TAGS, NO RESTARTS- Hoooray! Ha ha ha

[1-8]□SIDE STRUT, KICK-BALL-SIDE.	CDOSS STRUCT PALL CROSS
II-01-3IDE 31 KUI. KICK-BALL-3IDE.	CRUSS STRUT. NICK-BALL-CRUSS

(counts 1-8 travel towards 3 o'clock wall - your right, with your body facing the diagonal)

1-2	Touch R toes to	right Drop	R heel to	floor [1 30)]
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Kick L across right, (&) Step L beside right, Step R to right side [1.30] 3&4

Touch L toes across right, Drop L heel to floor [1.30] 5-6

7&8 Kick R to right diagonal, (&) Step R beside left, Step L across right [1.30]

[9-16] ☐ HEEL GRIND 3/8, COASTER STEP, STEP 1/4, TOUCH, STEP 1/4 TOUCH

1-2 Touch R heel forward to diagonal, Make 3/8 turn right taking weight on L [6]

3&4 Step R back, (&) Step L beside right, Step R forward [6] 5-6 Make 1/4 turn right and step L to side, Touch R beside left [9] 7-8 Make 1/4 turn right and step R forward, Touch L beside right [12]

[17-24]□VINE LEFT, BRUSH, CROSS ROCK, RECOVER, CROSS STEP, FLICK

Step L to left, Step R behind left, Step L to left, Brush R across left [12] 5-6 Rock across left (now facing 11.30), Recover weight on L [11.30]

7-8 Step R slightly forward and across left, Make 1/4 turn right and flick L heel back [1.30]

[25-32] CROSS, FLICK, CROSS, HOLD, 3/8, 1/2, ROCK, RECOVER

Step L slightly forward and across right, Make 1/4 turn left and flick R heel back [11.30] 1-2

3-4 Step R slightly forward and across left. Hold [11.30]

5-6 Make 3/8 turn right stepping L back (now facing 3), Make 1/2 turn right stepping R forward

[9.00]

7-8 Rock L forward, Recover weight on R [9.00]

[33-40]□BACK, CROSS, BACK, SIDE, CROSS, BACK, SIDE, BRUSH (counts 33-40 travel back in a zig-zag pattern)

1-4 Step L back to L diagonal, Step R across left, Step L back to L diagonal, Step R to side [9]

5-8 Step L across right, Step R back to R diagonal, Step L to side, Brush R across left [9]

I41-481□CROSS STRUT. KICK-BALL-CROSS. SIDE STRUT. KICK-BALL-SIDE

(counts 41-48 counts travel towards the 6 o'clock wall – your left, with your body facing the diagonal)

1-2 Touch R toes across left, Drop R heel to floor [7.30]

3&4 Kick L to diagonal (&) Step L beside right, Step R across left [7.30]

5-6 Touch L toes to side, Drop heel to floor [7.30]

7&8 Kick R across left, (&) Step R beside left, Step L to left side [7.30]

[49-56]□FRONT, SIDE, BEHIND, SWEEP, BEHIND, 1/4, SHUFFLE FORWARD

Step R across left (squaring off to 9.00), Step L to left, Step R behind left, Sweep L out and 1-4

5-6 Step L behind right, Make 1/4 turn right stepping R forward [12]

7&8 Shuffle forward stepping L, R, L [12]

[57-64]□ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, STEP 1/2, TWO STEP FULL TURN

FORWARD

1-4 Rock R forward, Recover weight on L, Rock R back, Recover weight on L [12]

5-6 Step R forward, Make 1/2 turn left taking weight on L [6]

7-8 Make 1/2 turn left, Stepping R back, Make 1/2 turn left stepping L forward [6]

(counts 7-8 easier option walk forward R,L)

Repeat – and sing-a-long, loudly!!!