Another Heartbreak (zh)

拍数: 64 **墙数:** 4 **级数:** Intermediate

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音乐: Thank You for the Heartbreak - Sugababes : (CD: Sweet 7)

前奏： 32 count intro. 32拍後起跳

第一段	**Forward Rock. & Heel Jack. Hold. & Forward Rock. 1/4 Turn Chasse Right.**
1–2	Rock forward on Right. Rock back on Left. 右足前下沉, 左足回復
&3–4	Step back on Right. Dig Left heel forward. Hold. 右足後踏, 左足踵前點, 候
&5–6	Step Left back to place. Rock forward on Right. Rock back on Left. 左足後踏, 右足前下沉, 左足回復
7&8	Make 1/4 turn Right stepping Right to Right side. Close Left beside Right. Step Right to Right side. 右轉90度右足右踏, 左足併踏, 右足右踏
第二段	**Cross. Hold. & Heel Jack. Hold. & Cross. Side. Right Sailor Step.**
1–2	Cross step Left over Right. Hold. (3 o'clock) 左足於右足前交叉踏, 候(面向3點鐘)
&3–4	Step Right to Right side and Diagonally back. Dig Left heel Diagonally forward Left. Hold. 右足右斜角後踏, 左足踵左斜角前點, 候
&5–6	Step Left back to place. Cross step Right over left. Step Left to Left side. 左足後踏, 右足於左足前交叉踏, 左足左踏
7&8	Cross Right behind Left. Step Left to Left side. Step forward on Right. 右足於左足後交叉踏, 左足左踏, 右足前踏
第三段	**Step. Pivot 1/2 Turn Right. 2x 1/2 Turns Right. Forward Rock. Behind & Cross.**
1–2	Step forward on Left. Pivot 1/2 turn Right. 左足前踏, 右軸轉180度
3–4	Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right. 右轉180度左足後踏, 右轉180度右足前踏
5–6	Rock forward on Left. Rock back on Right. 左足前下沉, 右足回復
7&8	Cross Left behind Right. Step Right to Right side. Cross step Left over Right. (9 o'clock) 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)
第四段	**Side Step Right. Hold and Clap. & Side Rock. Cross. Side. Right Sailor 1/4 Turn Right.**
1–2	Step Right to Right side. Hold and Clap. 右足右踏, 候(拍手)
&3–4	Step Left beside Right. Rock Right out to Right side. Recover weight on Left. 左足併踏, 右足右下沉, 左足回復
5–6	Cross step Right over left. Step Left to Left side. 右足於左足前交叉踏, 左足左踏
7&8	Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right. 右足於左足後交叉踏右轉90度, 左足併踏, 右足前踏
第五段	**2x Walks Forward. Left Kick-Ball-Step Forward. Forward Rock. Triple Step 3/4 Turn Left.**
1–2	Walk forward on Left. Walk forward on Right. (12 o'clock) 左足前走, 右足前走(面向12點鐘)
3&4	Kick Left forward. Step ball of Left beside Right. Step forward on Right. 左足前踢, 左足併踏, 右足前踏
5–6	Rock forward on Left. Rock back on Right. 左足前下沉, 右足回復
7&8	Left Triple step making 3/4 turn Left stepping Left. Right. Left. (3 o'clock) 三步左轉270度-左, 右, 左(面向3點鐘)
第六段	**Step Forward. Hold. & 2x Walks Forward. Right Mambo Forward. Left Sailor 1/4 Turn Left.**

1–2 Step forward on Right. Hold. 右足前踏, 候

&3–4 Step ball of Left beside Right. Walk forward on Right. Walk forward on Left. 左足併踏, 右足前走, 左足前走

5&6 Rock forward on Right. Rock back on Left. Step back on Right.
右足前下沉, 左足回復, 右足後踏

7&8 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left
左足於右足後交叉踏左轉90度, 右足併踏, 左足前踏

RESTART: Dance to Count 48 of Wall 3 **… Then Start the Dance Again from the Beginning (Facing 6 o'clock)** 第三面牆跳至此, 面向6點鐘從頭起跳

第七段 Cross Rock. & Cross. Side Step Right. Back Rock. Left Kick-Ball-Cross.

1–2 Cross rock Right over Left. Rock back on Left. (12 o'clock)
右足於左足前交叉下沉, 左足回復(面向12點鐘)

&3–4 Step ball of Right to Right side. Cross step Left over Right. Step Right to Right side. 右足右踏, 左足於右足前交叉踏, 右足右踏

5–6 Rock back on Left. Rock forward on Right. 左足後下沉, 右足回復

7&8 Kick Left Diagonally forward Left. Step ball of Left back to place. Cross step Right over Left. 左足左斜角前踢, 左足後踏, 右足於左足前交叉踏

第八段 Side Step Left. Together. Left Shuffle Forward. Step. Pivot 1/2 Turn Left. 1/2 Turn Left. 1/4 Turn Left.

1–2 Step Left to Left side. Close Right beside Left.
左足左踏, 右足併踏

3&4 Left shuffle forward stepping Left. Right. Left.
前交換-左, 右, 左

5–6 Step forward on Right. Pivot 1/2 turn Left.
右足前踏, 左軸轉180度

7–8 Make 1/2 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side. (9 o'clock)
左轉180度右足後踏, 左轉90度左足左踏(面向9點鐘)

Note: RESTART & 16 Count TAG Only Needed to Sugababes Music…NO Restart/Tag to Country Track 只有Sugababes的音樂需要Restart及Tag

TAG: (END of Wall 1**): Forward Rock. Full Turn Right. Forward Rock. Shuffle 1/2 Turn Left. (REPEAT)** 加拍：第一面牆結束時

1–2 Rock forward on Right. Rock back on Left.
右足前下沉, 左足回復

3&4 Triple Full turn Right (On The Spot) stepping Right. Left. Right. (OR … Right Coaster Step)
三步原地右轉-右, 左, 右(簡易版：海岸步)

5–6 Rock forward on Left. Rock back on Right.
左足前下沉, 右足回復

7&8 Left shuffle back making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)
左180度轉交換-左, 右, 左(面向3點鐘)

9–16 Repeat Above Counts 1–8 (Now Facing 9 o'clock)
重覆1-8(面向9點鐘)