# Bailando 4 Beginners



拍数: 32 墙数: 4 级数: High Beginner

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音乐: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



### **Hip Rocks**

1-4 Rock R hip to side, Put weight on R, Rock L hip to side, Put weight on L.
5-8 Rock R hip to side, Take weight on R, Rock L hip to side, Put weight on L.

### **Rhumba Box Steps**

Step R to side, Step L next to R, Step R forward, Hold.
Step L to side, Step R next to L, Step L forward, Hold.

## Mambo Steps

1-4 Rock R forward, Recover L, Step R next to L, Hold.5-8 Rock L back, Recover R, Step L next to R, Hold.

### 1/4 turn Step-Lock-Step, Hold, Step-Lock-Step, Hold

Step R 1/4 to right, Lock L behind R, Step R forward, Hold.
Step L forward, Lock R behind L, Step L forward, Hold.