Wait A Minute



拍数: 32 墙数: 4 级数: Beginner

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音乐: Bang Bang - Jessie J, Ariana Grande & Nicki Minaj



Count In: After the first 2 strong beats of track, begin on the word Got (vocals)

Note: There is one restart on wall 12 (3:00)

R TOE STRUT-L TOE STRUT-STEP R-KICK L-STEP L-KICK R

1-4 Step forward on right toes, drop right heel, step forward on left toes, drop left heel

* Restart here on wall 12 (3:00)

5-8 Step forward and to the right with right, kick left across right, step forward and to the left with

left, kick right across left

R JAZZBOX 1/4 R-DOUBLE BUMP R FWD-DOUBLE BUMP L FWD

1-4 Step right across left, step back on left, step right 1/4 turn right, step left next to right

Stepping forward on right, bump right hips 2 times (weight on right)

Stepping forward on left, bump hips left 2 times (weight on left)

V STEP (OUT, OUT, IN, IN)-FORWARD TOUCH, BACK TOUCH

1-4 Step right forward and to the right diagonal, Step left forward and to the left diagonal, Step

right back to center, Step left back to center next to right

5-6 Step right forward on right diagonal, touch left next to right

7-8 Step left back on diagonal, touch right next to left

STOMP-HOLD-BALL-FORWARD ROCK-BACK ROCK(ROCKING CHAIR)-1/2 PIVOT LEFT

1-2 Stomp right forward, Hold

&3-4 Quickly step on ball of left, rock forward on right, replace onto left

5-6 Rock back on right, replace onto left

7-8 Step forward on right, turn 1/2 left stepping weight onto left

*Restart: on wall 12 you will be facing the 3:00 wall (third time you face this wall), do the first 4 counts of the dance and Restart from the beginning (you will be doing the first 4 counts of the dance twice) EASY!

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