# The Remix

1 - 45 - 8

&1-2

3 - 4

5 – 6

7 - 8

1 - 2

3 - 4

5 - 6

7 – 8

1 - 4

5 - 6

7&8

1 - 2

3&4

5 - 6

7 - 8

&1

&2

&3

&4



拍数: 80 墙数: 2 级数: High Intermediate 编舞者: Yvonne Anderson (SCO) & Karl-Harry Winson (UK) - September 2014 音乐: Remix (I Like The) - New Kids On the Block: (Album: 10) Intro: 16 Counts (from the "whoaaa")......10 Seconds Big Thank You to Mark Cosenza for suggesting the music to us!!! Walk Forward Right-Left. Step. Pivot 1/4 Turn Left. Cross. 1/4 Turn Right X2. Hold. Walk forward on Right. Walk forward on Left. Step Right forward. Pivot 1/4 turn Left. 9.00 Cross Right over Left. Make 1/4 Right stepping Left back. Make 1/4 Right stepping Right to Right side. Hold. Ball Side-Touch. Left Toe Point. Hitch. Left Toe Point. Monterey 1/2 Left. Right Toe Point. Hitch. Step Left beside Right. Step Right out to Right side. Touch Left toe beside Right. 3.00 Point Left toe out to Left side. Hitch Left knee up beside Right. Point Left toe out to Left side. Make 1/2 turn Left Stepping Left beside Right. Point Right toe out to Right side. Hitch Right knee up beside Left. 9.00 Hip Bumps Right-Left. 1/4 Turn Left. Hitch. Back Rock. Full Turn Right. Touch Right toe out to Right side bumping hips Right. Bump Hips Left. Bump Hips Right making 1/4 turn Left putting weight on Right. Hitch Left Up. 6.00 Rock back on Left. Recover weight on Right. Make 1/2 turn Right stepping Left back. Make 1/2 turn Right stepping Right forward. 6.00 Prissy Walks forward Left-Right. Step Pivot 1/4 turn. Left Cross Shuffle. Walk forward and cross step Left over Right. Hold. Walk forward and cross step Right over Left. Hold. Step forward on Left. Pivot 1/4 turn Right. 9.00 Cross step Left over Right. Step Right beside Left. Cross step Left over Right. 9.00 Make 1/4 Turn. 1/2 turn. Brush. Hitch. 1/4 turn Left. Back Step/Lean Back. Heel Dig. Step In place. Toe Touch. Make 1/4 turn Left stepping Right back 6.00. Make 1/2 turn Left stepping Left forward.12.00 Brush Right beside Left. Hitch Right knee making 1/4 turn Left. Make 1/4 turn Left stepping Right back 6.00. Step back on Left/Lean back as you do this. Dig Right heel forward. Step Right in place. Touch Left toe beside Right. 6.00 Syncopated Heel & Toe Touches (Make 1/4 turn Left). Forward Step. Step 1/2 turn Left. Step 1/4 turn Left. Make 1/8 turn Left stepping back on Left. Dig Right heel forward. Step Right in place. Touch Left toe beside Right. Make 1/8 turn Left stepping back on Left. Dig Right heel forward. Step Right in place. Step forward on Left. 3.00 Step Right forward. Pivot 1/2 turn Left. Step Right forward. Pivot 1/4 turn Left. \*Restart Here on Wall 2 (12.00)

#### Step. Hold. Ball Step-Touch (Right Diagonal). Step. Hold. Ball Step-Touch (Left Diagonal).

1 – 2	(Angling body to Left diagonal) Step Right to Right diagonal. Hold.
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Step Left beside Right. Step Right forward to Right diagonal. Touch Left toe beside Right. &3-4

5 - 6(Angling body to Right diagonal) Step Left to Left diagonal. Hold.

&7-8 Step Right beside Left. Step Left forward to Left diagonal. Touch Right toe beside Left 6.00. Note: Think of this section as "Side, Ball-Steps but angling your body to the diagonal/corner as you do this.

### Syncopated Boogie Walks Back X2. Syncopated Jump Out. Hold. Ball-Cross. Hold.

&1-2	Step back on Right (straighten up to 6.00). Touch Left toe forward swivelling Left heel in
	towards Right. Hold.
&3-4	Step back on Left. Touch Right toe forward swivelling Right heel in towards Left. Hold.
&5-6	Step out on Right. Step out on Left. Hold.
&7-8	Step Left in place. Cross step Right over Left. Hold.

## Unwind 1/2 turn Left. Hold. Left Coaster Step. Right Shuffle Forward. Side Step. Hold.

1 – 2	Unwind 1/2 turn Left (weight ending up on Right). Hold. 12.00
3&4	Step back on Left. Step Right beside Left. Step Left forward.
5&6	Step forward on Right. Close Left beside Right. Step forward on Right.
7 – 8	Step Left out to Left side. Hold.

#### Hinge Turn Right. Right Rock. Side Step. Hold. Ball-Side.

1 – 2	Cross Right over Left. Make 1/4 turn Right stepping Left back. 3.00
3 – 4	Make 1/4 Right stepping Right to Right side. Cross Rock Left over Right. 6.00
5 – 6	Recover weight back on Right. Step Left to Left side.
7&8	Hold. Step Right beside Left. Step Left out to Left side.

### Start Again!

\*Restart – On Wall 2, Dance Sections 1 – 6 and Restart after the "Pivot 1/2 turn, Pivot 1/4 turn". This will bring you to the 12 o'clock Wall to Restart the dance.

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