Tartan Pride



拍数: 32 墙数: 2 级数: Beginner Plus

编舞者: Rob McKean (CAN) - October 2014 音乐: Can't Stop Me Now - Rod Stewart



Shuffle Forward, Kick Ball Change, Repeat

Step forward on R, step together on L, Step forward on R
Kick L forward, step on ball of L, step on R beside L
Step forward on L, together on R, step forward on L
Kick R forward, step on ball of R, step on L beside R

Side Step, Cross Behind, Ball Cross, Step Forward, Repeat

9-10 11&12 Step side right, cross L behind R, step on ball of R, cross L over R, step forward on R 13-14 15&16 Step side left, cross R behind L, step on ball of L, cross R over L, step forward on L (Restart here on the 4th sequence)

Step Forward, Scuff, Repeat

17-20 Step forward on R, scuff L forward, step forward on L, scuff R forward

Rock Forward, Recover, 1/2 Shuffle Turn

21-22 Rock forward on R, recover on L

23&24 Make a ½ turn right, stepping R-L-R

Left Heel Ball Touch, Right Heel Ball Touch

Touch L heel in front, step on L beside R, touch R toe beside L
Touch R heel in front, step on R beside L, touch L toe beside R

Rock Recover, Coaster

29-30 Rock forward on L, recover on R

31&32 Step back on L, together on R, forward on L

TAG 1: 4 Count Tag - Done at the end of the 2nd and 5th sequences.

Right Train Step

1-4 Rock forward on R, recover on L, rock back on R recover on L

Restart at beginning after the Tag.

TAG 2: 8 Count Tag - Done at the end of the 8th sequence

Right Train Step, two ½ Pivot turns left.

1-4 Rock forward on R, recover on L, rock back on R recover on L

5-8 Step forward on R, pivot ½ turn left, step forward on R, pivot ½ turn left.

Restart at beginning after the Tag.

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