Rumba Estrellita

拍数: 130

级数: Low Intermediate - Rumba

编舞者: Nena Matela (USA) - October 2014

音乐: Siboney Estrellita Medley by Various

Also: Siboney by Claude Blouin [CD: The Best of Disque de Danse]

Start dancing on first heavy drumbeat

S1: RUMBA BOX

- 1-4 Step R side, step L together, step R back, touch L together
- Step L side, step R together, step L forward, touch R together 5-8
- 9-16 Repeat 1-8

S2: DOUBLE WEAVE TO RIGHT, DOUBLE WEAVE TO LEFT

- 1-4 Cross R over, step L side, cross R behind, step L side
- 5-8 Cross R over, step L side, cross R behind, turn body to right diagonal & touch L side
- 9-16 Repeat 1-8 with opposite footwork and direction

S3: TURNING SIDE-DRAG-SIDE TOUCH

- 1-4 Square up to left wall and step R side, step L together, step R side, hold
- 5-8 Turn ¹/₂ right and step L side, step R together, step L side, touch R together
- 9-12 Step R side, step L together, step R side, hold
- 13-16 Turn ¹/₂ right and step L side, step R together, turn ¹/₄ right and step L side, touch R together

S4: ROCK-RECOVER-STEP-HOLD, WALK AROUND-SCUFF

- 1-4 Rock R side, recover to L, step R together, hold
- 5-8 Rock L side, recover to R, step L together, hold
- 9-12 Turn 1/2 right walking around R, L, R, brush L forward
- 13-16 Turn ¹/₂ right walking around L, R, L, brush R forward

S5: CROSS ROCK-RECOVER-STEP-HOLD

- 1-4 Cross R over, recover to L, step R side, hold
- 5-8 Cross L over, recover to R, step L side, hold
- 9-16 Repeat 1-8

Arm styling: raise left arm up, elbow to side and hold right forearm across chest (1-4). Reverse arms (5-8)

S6: POINT-AND-CROSS-HOLD, SIDE ROCK-RECOVER

- 1-4 Rock R side, recover to L, cross R over, hold
- 5-8 Rock L side, recover to R. cross L over, hold
- 9-16 Repeat 1-8
- 17-18 Rock R side, recover to L

S7: EXTENDED CROSS-STEP-CROSS-TOUCH

- 1-2 Cross R over, step L side
- 3-6 Repeat 1-2, twice
- 7-8 Cross R over, touch L side
- 9-10 Cross L over, step R side
- 11-14 Repeat 9-10, twice
- 15-16 Cross L over, touch R side

S8: ROCK-RECOVER-STEP-HOLD

1-4 Rock R forward, recover to L, step R together, hold





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5-8 Rock L forward, recover to R, step L together, hold

9-12 Rock R back, recover to L, step R together, hold

13-16 Rock L back, recover to R, step L together, hold

Arm styling: Raise arms, palms out, elbows tucked at sides and yell "AAHH" (9-10) & (13-14). Drop arms to sides (11-12) & (15-16)

REPEAT

Contact: Nena Matela (USA) Submitted by rolando.ansano@gmail.com