Sunshine Of My Life

拍数: 32

级数: High Beginner

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音乐: You Are the Sunshine of My Life (Glee Cast Version) - Glee Cast



[1-8] Rock Fwd, Shuffle Back, Back Rock, Step Lock Fwd

- Rock Rt fwd, Replace weight Lt 1.2
- 3&4 Step Rt back, Step Lt next to Rt, Step Rt back
- 5,6 Rock Lt back, Replace weight Rt
- 7&8 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd

[9-16] Prissy Walk Fwd, Cross, Back, Side Chasse

- 1,2 Step Rt fwd and across Lt, Hold
- 3,4 Step Lt fwd and across Rt, Hold
- 5,6 Step Rt over Lt, Step Lt back
- 7&8 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

[17-24] Cross, Side, Behind, Sweep, Behind, Side, Cross, Sweep

- 1,2 Cross Lt over Rt, Step Rt to Rt
- 3,4 Step Lt behind Rt, Sweep Rt from front to back
- 5,6 Step Rt behind Lt, Step Lt to Lt
- 7,8 Cross Rt over Lt, Sweep Lt from back to front

[25-32] Cross, 1/4, 1/2 Shuffle Fwd, Rocking Chair

- Cross Lt over Rt, Make 1/4 turn Lt stepping Rt foot back (9:00) 1,2
- 3&4 Make 1/4 turn Lt stepping Lt to Lt (6:00), Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (3:00)
- 5,6,7,8 Rock Rt fwd, Replace weight Lt, Rock Rt back, Replace weight Lt
- Enjoy!

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