Sun Daze



拍数: 32 墙数: 4 级数: Low Intermediate

编舞者: Gail Smith (USA) - October 2014 音乐: Sun Daze - Florida Georgia Line



Intro: 16 Counts - Begin on Vocals

SMALL RIGHT DIAGONAL LOCK STEPS, SCUFF

1 Small step R to fwd R diagonal (body is angled towards 11:00)

& Step L into a slight lock behind R

2&3& Repeat steps 1& (X2)

4& Repeat step 1, scuff L heel towards L diagonal

SMALL LEFT DIAGONAL LOCK STEPS, SCUFF

5 Small step L to fwd L diagonal (body is angled towards 1:00)

& Step R into a slight lock behind L

6&7& Repeat steps 5& (X2)

8& Repeat step 5, scuff R heel fwd

R FWD MAMBO, L COASTER STEP, CHASE 1/2 TURN, FULL TURN TRIPLE

1 & 2	Rock R fwd, rec onto L, step R slightly back
3 & 4	Sten I hack sten R together sten I fwd

5 & 6 Step R fwd, pivot 1/2 turn L, step R fwd (prep for turn)

7 & 8 Turn 1/2 R and step back, turn 1/2 R and step R fwd, step L fwd (no turn - shuffle fwd)

*******RESTART here on wall 3. Happens facing the 12:00 wall *******RESTART here on wall 7. Happens facing the 3:00 wall.

FWD ROCK, SIDE ROCK, SAILOR 1/4 TURN R, FWD ROCK, SIDE ROCK, SAILOR 1/2 TURN L

1&2& Rock R fwd, rec onto L, rock R ou	ut to side. rec onto L
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3 & 4 Turn 1/4 R and step R behind L, step L to side, step R to side

5&6& Rock L fwd, rec onto R, rock L out to side, rec onto R

7 & 8 Turn 1/2 L and step L behind R, step R to side, step L to side

KICK, SIDE-TOUCHES (X2), SIDE, KICK-BALL-CROSS, SIDE, KICK-BALL-CROSS, HEEL, HOOK

1&2 Kick R fwd, step R to side, touch L next to R

&3 Step L to side, touch R next to L

Step R to side, kick L to fwd L diagonal, step L slightly back, step R across L Step L to side, kick R to fwd R diagonal, step R slightly back, step L across R

8& Tap R heel to fwd R diagonal, hook R heel across L shin

****** Don't let this sequence scare you. The beat is slow enough that you don't have to rush it!

START AGAIN!

Contact Gail: stepbystep.gail@gmail.com - Website: stepbystepwithgail@jimdo.com