

# Rion Des Landes

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 1      级数: Improver  
编舞者: Agnes Gauthier (FR) - November 2014  
音乐: I Saw Three Ships - The Irish Descendants



Alt. music: I Saw Three Ships – Orla Fallon (iTunes)

Intro: 16 Counts after flute solo and drums, starts on vocals

## [1 - 8] □ Right Forward Shuffle, Left Back Shuffle, Heel Switches, Clap, Clap

- 1 & 2      Right foot shuffle forward (R,L,R) [12:00]
- 3 & 4      Left foot shuffle back (L,R,L)
- 5 & 6 &      Heel Switches- Touch Right heel, RF back, left heel forward, LF back
- 7 & 8      Right Heel forward, Clap, Clap

## [9 - 16] □ 1/4 Turn Right Forward Shuffle, Pivot Right Turn, Kick Ball Point 2x

- 1 & 2      ¼ turn right shuffle forward [3:00]
- 3-4      Pivot Turn- Step LF forward, ½ turn right [9:00]
- 5 & 6      Left Kick Ball Point – Kick LF forward, step LF together, point RF to right side
- 7 & 8      Right Kick Ball Point- Kick RF forward, step RF together, point LF to left side

## [17 - 24] □ Left Sailor, Right Sailor, Scuff and Hops [9:00]

- 1 & 2      Left Sailor Step – Swing LF behind RF, Step RF together, Step LF to side
- 3 & 4      Right Sailor Step – Swing RF behind LF, Step LF together, Step RF to side
- 5 & 6      Scuff LF, hop forward w/ RF, Step LF forward
- 7 & 8      Scuff RF, hop back w/ LF, Step RF back

## [25 - 32] □ Left Coaster Step, Right Shuffle Forward, Toe Switches with ¼ Turn

- 1 & 2      Left Coaster Step – bring LF back, RF back, LF forward
- 3 & 4      Right Shuffle Forward (R,L,R)
- 5 & 6      Toe Switches - Point Left Toe forward, bring back while turning ¼ right, Point Right Toe forward [12:00]
- &7 & 8&      Bring Right back, Left toe forward, clap, clap. Step back on left quickly to start over.

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