

Wiggles

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数:
编舞者: "Hillbilly" Rick (USA) - July 2013
音乐: Road Runner - Microwave Dave & The Nukes



Start 8 beats in

Other Music: -

Wiggle It! by, 2 In A Room - start 32 beats in –

Cold Outside by Big House - start after 32 beats

Ride The Train by Quad City - start after 32 beats –

What's It To You by Clay Walker

Funky Cowboy by Ronnie McDowell

Any Other Country Electric Slide Type Song Will Work!

(Dedicated to two friends who taught me how to wiggle it! Thanks to GBWIGGLE & SPEEDO)

SCOOT, STEP, SLIDE, STEP, SLIDE, STEP, STOMP HEEL & CLAP - FULL LEFT ROLLING TURN STEPPING LEFT, RIGHT, LEFT, ENDING WITH A SCUFF STOMP OF RIGHT FOOT & CLAP if you wish! & Slide or scoot your LEFT foot to the Right as you start your step to the Right (weight is on left foot & right foot is in air beginning its step to the right on beat 1)

- 1&2& Step to Right on RIGHT & Slide LEFT next to Right - Step to Right on RIGHT & Slide LEFT next to Right
- 3-4 Step to Right on RIGHT - Strike LEFT heel on floor in a sharp manner next to Right foot (almost like stomping □ the heel only) & CLAP
- 5-8 While moving to the Left make a Full Turn Counter Clockwise stepping LEFT, RIGHT, LEFT, - End with a RIGHT □ heel stomp scuff & CLAP

STEP, SLIDE, STEP, SLIDE, STEP, STOMP HEEL - FULL LEFT ROLLING TURN STEPPING LEFT, RIGHT, LEFT, ENDING WITH A SCUFF STOMP OF RIGHT FOOT & CLAP if you wish!

- & Slide or scoot your LEFT foot to the Right as you start your step to the Right (weight is on left foot & right foot is □ in air beginning its step to the right on beat 1)
- 1&2& Step to Right on RIGHT & Slide LEFT next to Right - step to Right on RIGHT & Slide LEFT next to Right
- 3-4 Step to Right on RIGHT - Strike LEFT heel on floor in a sharp manner next to Right foot (almost like stomping □ the heel only) & CLAP
- 5-8 While moving to the Left make a Full Turn Counter Clockwise stepping LEFT, RIGHT, LEFT, - End with a RIGHT heel stomp scuff & CLAP

STEP FORWARD RIGHT WHILE DOING A 4 COUNT "WIGGLE IT" COUNTER CLOCKWISE - STEP FORWARD LEFT WHILE DOING A 4 COUNT "WIGGLE IT" COUNTER CLOCKWISE (KIND OF LIKE ROTATING YOUR HIPS LIKE A FLYWHEEL ON A OLD JOHN DEERE WHEN IT CATCHES HOLD & FIRES UP)

- 1-2 Step Forward at a 45 degree angle Right with RIGHT foot - Start "WIGGLE IT MOVE" by rotating hips counter clockwise taking two beats to rotate your hips only half a rotation.
- 3&4 Make 1 & 1/2 complete hip rotations counter clockwise on 3&4 (like the engine is grabbing hold & firing up) Weight ends up on RIGHT foot *If your body can handle it do 2 complete hip rotations in 2 beats of music 3&4&
- 5-6 Step Forward at a 45 degree angle Left with LEFT foot - Start "WIGGLE IT MOVE" by rotating hips counter clockwise taking two beats to rotate your hips only half a rotation.
- 7&8 Make 1 & 1/2 complete hip rotations counter clockwise on 7&8 (like the engine is grabbing hold & firing up) Weight ends up on LEFT foot *If your body can handle it do 2 complete hip rotations in 2 beats of music 3&4&

TOUCH, CROSS, BODY ROLL TURN, WIGGLE IT!

1-4 Touch RIGHT toe out to Right side - HOLD - Cross Step RIGHT foot in front of Left foot - HOLD

5-6 *Unwind & Turn Very Slowly 1/2 Turn to Left - While doing a UPPER BODY BODY ROLL

7-8 "WIGGLE IT" Move - Put some of your own soul into this move!

***THIS IS BY FAR ONE OF THE MOST UNIQUE MOVES! WHILE DOING THE 2 COUNT UNWIND DO A BODY ROLL OF THE UPPER BODY SIDE TO SIDE OR FRONT TO BACK, FOLLOWED BY THE "WIGGLE IT" MOVE WHICH SENDS IT INTO A HORIZONTAL MOTION!**

"HILLBILLY" RICK'S DANCE CALLS

&STEP SLIDE, STEP SLIDE, STEP, HEEL TURN, 2, 3, SCOMP

&STEP SLIDE, STEP SLIDE, STEP, HEEL TURN, 2, 3, SCOMP

STEP, TWO, & THREE, FOUR STEP, TWO, & THREE, FOUR

TOUCH, HOLD, CROSS, HOLD TURN, 2, CRANK IT

EASY BEGINNER'S DANCE - HAVE FUN! PUT SOME ATTITUDE & WIGGLE'S IN! REMEMBER WIGGLE IT JUST A LITTLE BIT!

AND YES I KNOW IT'S ANOTHER NON COUNTRY SONG! BUT I DON'T REALLY CARE, IT'S FUN! IF YOU LIKE THE DANCE AND WANT TO PICK A COUNTRY SONG FOR IT DO IT, YEEEHAAAA! MY MOTTO IS: THERE IS ONLY ONE WRONG WAY TO COUNTRY DANCE! AND THAT IS NOT TO HAVE FUN !

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Questions on dance contact "Hillbilly" Rick, 12900 S Weather Rock Dr, Haubstadt, IN 47639, PH 812-867-3401, America On Line HillbillyR@aol.com, www.HillbillyRick.com, or subscribe to you tube videos Hillbillyrick1
