Ska Beat



拍数: 32 墙数: 1 级数: Beginner

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音乐: Hit Me With Your Ska Beat by Jan Kaspersen, DK



All are Instructors from Wild Boots DK

Intro: 32 count

Sec. 1.: CHARLESTON RIGHT, LOCKSTEP RIGHT & LEFT 1 - 2 Kick Right Foot Forward. Step Back On Right. 3 - 4 Touch Left Toe Back. Step Forward On Left. 5 & 6 Step Right Diagonally forward Right. Lock Left behind Right, Step Right Diagonally forward Right Step Left Diagonally forward Left. Lock Right behind Left, Step Left Diagonally forward Left 7 & 8 Sec. 2.: RIGHT ROCK, RECOVER, TRIPPEL FULL TURN, LEFT ROCK, RECOVER, ½ SAILOR LEFT

1-2	Rock Right Over Left, Rock Back Onto Left.		
3& 4	Triple full turn, Stepping - Right, Left, Right.		
5-6	Rock Left Over Right. Rock Back Onto Right.		

7&8 Turning ½ Left sweep Left behind Right. Step Right beside Left. Step Left forward.

Sec. 3.: RUMBA BOX FORWARD, RIGHT COASTER STEP, STEP 1/2 TURN STEP.

1&2	Step Right to Right side. Close Left beside Right. Step forward on Right.
3&4	Step Left to Left side. Close Right beside Left. Step back on Left.

5&6 Step back on Right. Step Left beside Right. Step forward on Right.

7&8 Step Left forward, turn ½ Right, Step Left forward.

Sec. 4.: SIDE CHASSE RIGHT, ROLLING FULL TURN LEFT, TOUCH, CLAP

1&2	Step Right to side, step	Left together, s	tep Right to side
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3-4 Back rock on Right, recover onto Left

Turn 1/4 Left and step Left forward, turn 1/2 Left and step Right back 5-6 7-8 Turn ¼ Left and step Left to Left side, touch Right beside Left (clap)

Sec. 5. = TAG: MAMBO FORWARD, BACK, RIGHT KICK BALL CHANGE

1&2 Rock forward on Right. Rock back on Left. Step back on Right. 3&4 Rock back on Left. Rock forward in Right. Step forward on Left. 5 & 6 Kick Right forward, step Right beside Left, step Left beside Right

Direction for the TAGS

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wall. 1 - Sec. 1 + 2 + 3 + 4
wall. 2 - Sec. 1 + 2 + 3 + 5
wall. 3 - Sec. 1 + 2 + 3 + 4 + 5
wall. 4 - Sec. 1 + 2 + 3 + 4
wall. 5 - Sec. 1 + 2 + 3 + 5
wall. 6 - Sec. 1 + 2 + 3 + 4 + 5
wall. 7 - Sec. 1 + 2 + 3 + 4
wall. 8 – Sec. 1 + 2 + 3 + 5
wall. 9 - Sec. 1 + 2 + 3 + 4
wall. 10 - Sec. 1 + 2 + 3 + 4
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