拍数： 32
壇数： 4
级数：Improver
编舞者：Robbie McGowan Hickie（UK）\＆Tony Vassell（UK）－November 2014
音乐：Old Dan Tucker－Patrick Feeney ：（CD：Livin＇Life Loving You－iTunes）

## \＃16 Count intro

Alternative：＂Trouble Is A Woman＂by Julie Reeves（95 bpm．．． 8 Count intro）<br>CD．．．＂It＇s About Time＂．．．Also available as Download from iTunes \＆www．amazon．co．uk<br>Heel．Flick．Heel．Hook．Right Lock Step Forward．Heel．Flick．Heel．Hook．Left Lock Step Forward．<br>1\＆Tap Right heel forward．Flick Right heel up to Right side．<br>2\＆Tap Right heel forward．Hook Right heel across Left shin．<br>3\＆4 Step forward on Right．Lock step Left behind Right．Step forward on Right．<br>5\＆Tap Left heel forward．Flick Left heel up to Left side．<br>6\＆Tap Left heel forward．Hook Left heel across Right shin．<br>7\＆8<br>Step forward on Left．Lock step Right behind Left．Step forward on Left．<br>Right Mambo Forward．Left Lock Step Back．Right Coaster Cross．Left Scissor Step．<br>1\＆2 Rock forward on Right．Rock back on Left．Step back on Right．<br>$3 \& 4 \quad$ Step back on Left．Lock step Right across Left．Step back on Left．<br>$5 \& 6 \quad$ Step back on Right．Step Left beside Right．Cross step Right over Left．<br>7\＆8 Step Left to Left side．Close Right beside Left．Cross step Left over Right．<br>Chasse $1 / 4$ Turn Right．Step．Pivot $1 / 2$ Turn Right．Step．Heel Switches．\＆Right Kick－Ball－Cross．<br>1\＆2 Step Right to Right side．Close Left beside Right．Make 1／4 turn Right stepping forward on Right．<br>$3 \& 4$ Step forward on Left．Pivot $1 / 2$ turn Right．Step forward on Left．（Facing 9 o＇clock）<br>5\＆Tap Right heel forward．Step Right beside Left．<br>6\＆Tap Left heel forward．Step Left beside Right．<br>7\＆8 Kick Right forward．Step Right beside Left．Cross step Left over Right．

Right Side Step．Together．Step Forward．Left Side Step．Together．Step Forward．Right Mambo Forward． Left Shuffle 1／2 Turn Left．
1\＆2 Step Right to Right side．Close Left beside Right．Step forward on Right．
$3 \& 4$ Step Left to Left side．Close Right beside Left．Step forward on Left．
5\＆6
Rock forward on Right．Rock back on Left．Step back on Right．
$7 \& 8 \quad$ Left shuffle making $1 / 2$ turn Left stepping Left．Right．Left．（Facing 3 o＇clock）
Start Again

