

No Good In Goodbye

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: High Intermediate
编舞者: Val O'Connor (UK) - November 2014
音乐: No Good in Goodbye - The Script : (Album: No Sound Without Silence Or Single - 3:58)



Intro: If Using Album Version - 32 Counts From Heavy Beat, If Using Single, 16 Counts

SWAY R L, R SCISSOR CROSS, ¼ R ¼ R SWAY RL, R SCISSOR CROSS, ¼ R BACK L

1-2-3&4 Sway R to R side, Sway L to L side, step R to R side, L next to R, cross R over L
&5-67&8& (&) Turn ¼ R stepping back on L, turn ¼ R swaying to R side, sway to L side on L, step R to R side, (&) L next to R, cross R over L, (&) turn ¼ R stepping back on L (9 o'clock)

R ROCK BACK, SIDE ROCK CROSSES, R SIDE BEHIND SWEEP R , R SAILOR POINT R

1-2&3-4&5 Rock back on R, recover onto L, (&) rock R to R side, recover onto L, Cross R over L, (&) rock L to L side, recover onto R
6&7-8&1 Cross L over R (&) R to R side, cross L behind sweeping R out and towards back, step R behind L, (&) Step to L side, point R to R side

½ R, L SIDE ROCK STEP FORWARD, FULL L TURN, STEP R, POINT L TO DIAGONAL, CROSS SIDE BEHIND SWEEP

2-3&4&5-6 Turn ½ R stepping R next to L, rock L to L side, (&) recover on R, step forward on L, (&) ½ L stepping Back on R, ½ turn L stepping forward on L, step forward on R (3 o'clock)
7-8&1 Point L toe forward to L diagonal (turning body to R diagonal), cross L over R, (&) step R to R side, Cross L behind R sweeping R out to R side

R BEHIND SIDE CROSS, L SIDE ROCK ¼ R, FULL TRIPLE L, L KICK & POINT R

2&3-4&5 Cross R behind L, (&) step L to L side, cross R over L, rock L to L side, (&) ¼ R stepping forward on R, Step forward on L (6 o'clock)
6&7-8&1 Turn ½ L stepping back on R, (&) ½ L stepping onto L, step forward on R, kick L forward, (&) step down L, point R to R side

RESTART HERE ON WALL 5 AFTER COUNT 8&

TOUCH R IN OUT, R SAILOR KICK, & CROSS L ,SWAY OR ROCK R L, FULL TURN R

&2-3&4 (&) Touch R next to L, touch R to R side, ¼ R stepping R behind L, (&) step L to L side, kick R (9 o'clock)
&5-6-7-8& (&) Step down on R, cross L over R, rock or sway R L, ½ R stepping onto R, (&) ½ R stepping onto L

RESTART HERE ON WALLS 1 & 3

SIDE R, L ROCK BACK, 1 ½ TRIPLE TURN L, STEP R ½ L, ¼ L SIDE TOGETHER

1-2-3-4&5 Step R to R side, rock back L behind R, recover onto R, ¼ L stepping onto L, (&) ½ L stepping back on R, ½ L stepping forward on L (3 o'clock)
6-7-8& Step forward on R, turn ½ L stepping forward on L, ¼ L stepping R to R side, (&) step L next to R (6)

Ending: Wall 7 , dance up to and including 6&7 section 4, then turn ¼ R sweeping L leg in front of R and touching in front of R. This will bring you to the front and end the dance.

Contact - EMAIL: valerieoconnor1@msn.com