Urban Trad

拍数: 32	墙数: 4	级数: Beginner	

编舞者: Ray Hodson (UK) - October 2014

音乐: Erbalunga - Urban Trad : (iTunes)

START: Start after 48 counts, 26 Secs

[1-8] Point & Point, Heel & Heel, Rock Recover - Coaster 12:00

1&2&	Point right to side right, recover, point left to left side, recover 12:00
3&4&	Touch R heel forward, Step R next to L, Touch L forward, step L next to R
5-6	Rock right forward, recover weight on left 12:00
7&8	Step right foot back, close left to right, step right foot forward 12:00

[9-16] Point & Point, Heel & Heel, Rock Recover - Coaster 12:00

1&2&	Point left to side left, recover, point right to right side, recover 12:00
3&4&	Touch L heel forward, Step L next to R, Touch R forward, step R next to L
5-6	Rock left foot forward, recover weight on right 12:00
7&8	Step left foot back, close right to left, step left foot forward 12:00

[17-24] Step Lock Step, Step 1/4, Cross Shuffle, Side Rock, Recover

1&2	Step forward on right, lock left behind right, Step forward on right,
3-4	Step Left Forward, Pivot 1/4 right 3:00
5&6	Cross left over right, step right to the right (small step) Cross left over right, 3:00
7-8	Rock right to right side, recover weight on left 3:00

[25-32] Behind Side Cross, Side Recover, Behind Side Cross, Side Press & Touch

1&2	Step R behind L, Step L to left side, Cross R over L 3:00
3-4	Rock L to left side, Recover onto R 3:00
5&6	Step L behind R, Step R to right side, Cross step L over 3:00
7&8	Press Step R to Right, Recover on L, touch R next to L 3:00

END OF DANCE

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