DJ Tonight



拍数: 96 墙数: 1 级数: Intermediate

编舞者: Nicola Lafferty (UK) - November 2014

音乐: DJ Tonight - Rascal Flatts: (Album: Rewind)



Intro: 16 Counts

Note: Sequence is as follows: A A A B C A A B C C C B C C C – this looks complicated, however, the music tells you what to do! A is the Verse, B is the Chorus and C is the Tag. Good luck.

Part A (Verse – 32 Counts):

A1 [1-8] □ □ 2 Walks, Triple Fwd, ½ Pivot, ½ Turning Triple

1,2 Walk fwd RF, Walk fwd LF3&4 R triple travelling fwd

5,6 Step LF fwd, ½ pivot turn to the R (weight to LF) (face 6.00)

7&8 Make a ½ over your R shoulder as you do a R triple (face 12.00), start to sweep RF

A2 [9-16] □½ Sweep, Step down, 3 Camel Walks fwd, Step, Rock & Cross

1,2 Making ½ Turn over R shoulder, continue to sweep your RF out and round, Step down on RF

(Face 6.00)

Step fwd on a straight L leg, popping R knee fwd
Step fwd on a straight R leg, popping L knee fwd
Step fwd on a straight L leg, popping R knee fwd

6 Walk fwd on RF

7&8 Rock LF to L side, recover weight to RF, Cross LF over RF

A3 [17-24] ☐ Side, Behind, ¼ Triple, ¼ Pivot, Crossing Triple

1,2 Step RF to R side, Cross LF behind RF
3&4 Making ¼ Turn to R (face 9.00) R Triple fwd
5,6 Step LF fwd, ¼ Pivot turn to R (face 12.00)

7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

A4 [25-32] □ 2 x & Cross & Points, Slide to Side, Rock, Recover, Side

&1 Step RF slightly back, Touch L toe to L diagonal

&2 Step down on LF, Cross RF over LF

&3 Step LF slightly back, Touch R toe to R diagonal

Step down on RF, Cross LF over RFSlide RF a big step to the R side, Hold

&7,8 Rock LF behind RF, Recover to RF, Step LF to L side

Part B (Chorus – 48 Counts):

B1 [1-8]□□Triples Fwd, Step Hitch Side, 2 Heel Bumps

1&2 R Triple fwd 3&4 L Triple fwd

5&6 Step RF to R side, Hitch L knee (slap knee with R hand), Step Lf to L side

7,8 Keeping weight centred, bump heels twice

B2 [9-16] ☐ Triples Back, 4 x Hip Walks to side

1&2	R Triple back
3&4	L Triple back

5,6 Step RF to R side, pushing R hip to R, Step LF to L side, pushing L hip to L side 7,8 Step RF to R side, pushing R hip to R, Step LF to L side, pushing L hip to L side

B3 [17-24] □ Syncopated Rocks

1,2&	Rock RF to R side, Recover weight to LF, Close RF to LF
3,4&	Rock LF to L side, Recover weight to RF, Close LF to RF
5,6&	Rock RF fwd, Recover weight to Lf, Close RF to LF

7,8 Rock LF fwd, Recover weight to RF

B4 [25-32]□Step back, Touch fwd (x2), Weave & Point

1,2	Step back on LF, Point RF fwd and clap
3,4	Step back on RF, Point LF fwd and clap
5&	Cross LF over RF, Step RF to R side
6&	Cross LF behind RF, Step RF to R side

7&8 Cross LF over RF, Step RF to R side, Point L toe to L side

B5 [33-40] ☐ Gallop to L side, Jazz Box to Side Triple

1&	Step LF to L side, Close RF to LF
2&	Step LF to L side, Close RF to LF
3&	Step LF to L side, Close RF to LF
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4 Step LF to L side

5,6 Cross RF over LF, Step LF back

7&8 R side Triple

B6 [41-48]□Slow Cross Unwind Full Turn, Walk Around in Circle

1-4 Cross LF over RF and slowly unwind a full turn over R shoulder

5-8 Make another full turn over your R shoulder as you walk, R, L, R, Close LF next to RF with a

stomp and clap hands

Part C (Tag – 16 Counts):

C1 [1-8]□Full Turning Box

1,2	Slide RF to R side, make ¼ Turn L as you touch LF beside RF (face 9.00)
3,4	Slide LF to L side, make ¼ Turn L as you touch RF beside LF (face 6.00)
5,6	Slide RF to R side, make 1/4 Turn L as you touch LF beside RF (face 3.00)
7,8	Slide LF to L side, make ¼ Turn L as you touch RF beside LF (face 12.00)

C2 [9-16] ☐ 2 Fwd Walks, Rock Recover, 4 Walks Back

1,2 Walk Fwd R, Walk F L

3,4 Rock RF Fwd, Recover weight to LF

5,6 Walk back on R, L, R, L

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