Kira's Waltz (奇拉華爾滋) (zh)

拍数: 48 **墙数:** 4 **级数:** Intermediate

编舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA) - 2010年02月

音乐: Kiriaki - Tol & Tol : (CD: Hollands Glorie)

前奏： Lead in 12 counts 12拍後起跳

第一段 **Cross, Point, Hold, Cross Behind, Side Rock, Recover**
交叉, 點, 候1, 交叉, 後, 側下沉 回復

1-3 Cross left over right, point right side right, hold
左足於右足前交叉踏, 右足右點, 候

4-6 Cross right behind left, rock left side left, recover weight on right 右足於左足後交叉踏, 左足左下沉, 右足回復

第二段 **Cross, Point, Hold, Cross, Side, Cross**
交叉, 點, 候, 交叉, 側, 交叉

1-3 Cross left over right, point right side right, hold while turning slightly to left to face left diagonal
左足於右足前交叉踏, 右足右點, 候（略面向左斜角）

4-6 Cross right over left, step left side left, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第三段 **1/4 Left, 1/2 Left, Together, Back, 1/4 Left, Cross**
1/4, 1/2, 併, 後, 1/4 交叉

1-3 Turn 1/4 left and step forward on left, turn 1/2 left and step back on right, step left next to right (3:00)
左轉90度左足前踏, 左轉180度右足後踏, 左足併踏(面向3點鐘)

4-6 Step back on right, turn 1/4 left and left side left, cross right over left (12:00)
右足後踏, 左轉90度左足左踏, 右足於左足前交叉踏(面向12點鐘)

第四段 **Side, Together, Cross, 1/4 Right, Sweep 1/4 Right, Touch**
側, 併, 交叉, 1/4, 繞1/4, 點

1-3 Step left side left, step right next to left, cross left over right
左足左踏, 右足併踏, 左足於右足前交叉踏

4-6 Turn 1/4 right and step forward on right, sweep left into a 1/4 right turn, touch left next to right (6:00)
右轉90度右足前踏, 右轉90度左足繞, 左足併點(面向6點鐘)

第五段 **1/4 Right, Together, Back, 1/2 Right, Together, Forward**
1/4, 併, 後, 1/2, 併, 前

1-3 Turn 1/4 right and step back on left, step right next to left, step back on left (9:00)
右轉90度左足後踏, 右足併踏, 左足後踏(面向9點鐘)

4-6 Turn 1/2 right and step forward on right, step left next to right, step forward on right (3:00)
右轉180度右足前踏, 左足併踏, 右足前踏(面向3點鐘)

第六段 **Rock, Recover, 1/2 Left, 1/2 Left, Together, Back**
下沉 回復, 1/2, 1/2, 併, 後

1-3 Rock forward on left, recover weight back on right, turn 1/2 left and step forward on left (9:00)
左足前下沉, 右足回復, 左轉180度左足前踏(面向9點鐘)

4-6 Turn 1/2 left and step back on right, step left next to right, step back on right (3:00)
左轉180度右足後踏, 左足併踏, 右足後踏(面向3點鐘)

第七段 **Back, Drag (2 Counts), Back, Drag (2 Counts)**
後, 拖(2拍), 後, 拖(2拍)

1-3 Step left to left back diagonal, drag right towards left for counts 2,3 左足左斜角後踏, 右足以2拍拖併

4-6 Step right to right back diagonal, drag left towards right for counts 5, 6 右足右斜角後踏, 左足以2拍拖併

第八段 Back Coaster, Forward, Sweep (2 Counts)
後海岸步, 踏, 繞(2拍)

1-3 Step back on left, step right next to left, step forward on left
左足後踏, 右足併踏, 左足前踏

4-6 Step forward on right, sweep left forward and across right for counts 5, 6 右足前踏, 左足以2拍繞至右足前交叉踏

TAG: Dance the following 12 count tag after each vocal rotation. Third facing 9:00, fifth facing 3:00, seventh facing 9:00 and eighth facing 12:00
加拍:在每個唱歌的地方加拍, 第三面牆(9:00), 第五面牆(3:00), 第七面牆(9:00), 第八面牆(12:00)

Cross, Point, Hold, 1/4 Right, 1/4 Right, Side (1/2 Sailor)
交叉, 點, 候, 1/4, 1/4, 側(1/2轉水手)

1-3 Cross left over right, point right side right, hold
左足於右足前交叉踏, 右足右點, 候

4-6 Turn 1/4 right and step right slightly back, turn ¼ right and step left next to right, step right side right
右轉90度右足略後踏, 右轉90度左足併踏, 右足右踏

Cross, Point, Hold, Touch Behind, Unwind 1/2 Right (2 Counts)
交叉, 點, 候, 後點, 右繞1/2(2拍)

1-3 Cross left over right, point right side right, hold
左足於右足前交叉踏, 右足右點, 候

4-6 Touch right behind left, unwind 1/2 right for counts 5, 6 (weight right) 右足於左足後點, 以2拍右繞轉180度(重心在右足)

ENDING: The last rotation (vocals) starts on the 9:00 o'clock wall and ends facing the front wall after the tag. 快結束時會面向9點鐘, 跳完加拍會面向前面牆結束

SLOW TAG:Add the following AFTER the 5th rotation (second vocals) PLUS 12 count tag.You will be facing the 3:00 o'clock wall.The music changes, dance the next 24 counts to the same beat you have been dancing to.
第五牆時加上面12拍會面向3點鐘, 音樂會改變加跳下面24拍

Cross, Hold, Hold, Side Rock, Hold, Hold
交叉, 候, 候, 側下沉, 候, 候

1-6 Cross left over right, hold, hold, rock right side right, hold, hold
左足於右足前交叉踏, 候, 候, 右足右下沉, 候, 候
When rocking to the right extend right arm to right, about chest height (count 4,5,6) and look right
當右下沉(第4-6拍)時將右手伸向右邊與胸同高向右

Recover, Hold, Hold, Behind, Hold, Hold
回復, 候, 候, 後, 候, 候

1-6 Recover weight back on left, hold, hold, cross right behind left, hold, hold
左足回復, 候, 候, 右足於左足後交叉踏, 候, 候
When recovering weight on left bring right arm down (count 1,2,3)
當回復(第1-3拍)時右手放下

Side Rock, Hold, Hold, Recover, Hold, Hold
側下沉, 候, 候, 回復, 候, 候

1-6 Rock left side left, hold, hold, recover weight on right, hold, hold
左足左下沉, 候, 候, 右足回復, 候, 候
When rocking to the left extend left arm to left, about chest height (count 1,2,3) and look left
當左下沉(第1-3拍)時左手伸向左邊與胸同高看左邊
When recovering weight on right bring left arm down (count 4,5,6)
當回復(第4-6)拍時左手放下

Rock Forward, Hold, Hold, Rock Back, Hold, Hold
下沉, 候, 候, 回復, 候, 候

1-6	Rock forward on left, hold, hold, rock back on right, hold, hold 左足前下沉, 候, 候, 右足回復, 候, 候 When rocking forward on left bring both arms up, (count 1, 2, 3) 前下沉(第1-3拍)時雙手向上舉 When recovering weight on right bring arms down (count 4, 5, 6) 回復(第4-6拍)時雙手放下