Don't You Worry



拍数: 64 墙数: 2 级数: Easy Improver

编舞者: Rene & Reg Mileham (UK) - December 2014

音乐: Don't Worry - Newton: (CD: Sometimes When We Touch - 21 Tracks Special

Edition)



#64 count intro(from heavy beat) - [136 bpm] Style: Pop/Easy Listening

This dance is not perfectly phased but goes well without any tags or restarts. It has a long

Introduction, but if you wanted to you could start the dance after 48 counts (from heavy beat). Whichever suits you.

Section 1: Ronde, side, close, side, touch

1-2-3	Sweep Right round in ½ circle
1-/-3	Sweep Right found in % circle

4 Touch Right next to Left (weight on Left) 5 – 6 Step Right to side, close Left to Right

7 – 8 Step Right to side, touch Left to Right (weight on Right)

Section 2: Ronde, side, close, side, touch

1-2-3	Swaan	Left round	in 1/2	circle
1-2-3	Sweep	Leit round	III /2	circie

4 Touch Left next to Right (weight on Right) 5 – 6 Step Left to side, close Right to Left

7 – 8 Step Left to side, touch Right to Left (weight on Left)

Section 3: Mambo forward, hold. Mambo back, hold.

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	 	Step Right	. ioiwaiu.	recover	OHIO	Leii
			,			

3 – 4 Step Right next to Left, hold

5 – 6 Step Left back, recover onto Right

7 – 8 Step Left next to Right, hold

Section 4 Toe strut, toe strut with 1/4 turn, toe strut, toe strut

1 – 2 Step Right toe forward, drop heel

3 – 4 Step Left toe back turning ¼ right, drop heel 3.00

5 – 6 Step Right toe to side, drop heel 7 – 8 Step Left toe next to right, drop heel

Section 5: Step, lock, step, touch. Repeat with Left

1-2-3-4 Step Right back, lock Left over Right, step Right back, touch Left next to Right 5-6-7-8 Step Left back, lock Right over Left, step Left back, touch Right next to Left

Section 6: Toe strut, toe strut with 1/4 turn, toe strut, toe strut

1 – 2 Step Right toe forward, drop heel	1	-2	Step	Right	toe t	forward,	, drop l	heel	
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3 – 4 Step Left toe back turning ¼ right, drop heel 6.00

5 - 6
7 - 8
Step Right toe to side, drop heel
7 - 8
Step Left toe next to right, drop heel

Section 7: Side, hold, rock back, recover. Rock forward, recover, rock back, recover

1 – 2	Step Right to side, hold
1 – 2	OLED INIGHT TO SIGE. HOLD

3 – 4	Rock Left back, recover onto Right
5 – 6	Rock Left forward, recover onto Right
7 – 8	Rock Left back, recover onto Right

Section 8: Side, hold, rock back, recover. Rock forward, recover, rock back, recover. \Box

1 – 2 Step Left to side, hold

3 – 4 Rock Right back, recover onto Left
5 – 6 Rock Right forward, recover onto Left
7 – 8 Rock Right back, recover onto Left

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