# Start Again



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Citizens - Alice Russell



#### Begin on lyrics

						44 44	
SIDE 1/2 HOLD.	TOGETHER	STEP	FORWARD	ROCK 1/2	STEP	W W TOLIC	_

1-2 step right to side, turn ½ right stepping left to side

hold, step right together, step left forwardrock forward onto right, recover to left

&7 turn ¼ right stepping right forward, step left forward

turn ¼ left stepping right to side, turn ¼ left stepping left to side, touch right next to left heel

# WEIGHT TRANSFER WITH KNEE POP, HOLD, BACK TOGETHER, STEP, 1/8 SIDE ROCK, CROSS, BACK, SIDE, CROSS

2 lower right heel transferring weight to right while popping left knee forward (you can add style

by opening hips to the right diagonal and slightly looking over right shoulder)

3&4 hold, step left back, step right together

5 step left forward

turn 1/8 left rocking right to side (11:00), recover to left, cross right over left turn 1/8 right stepping back on left (12:00), step right to side, cross left over right

#### PRESS, ½ SPIRAL, HOLD, STEP, ¼, BEHIND, ¼, STEP, FORWARD ROCK, BACK, BACK, LOCK

1-2 press right to side while slightly swaying hips right, recover weight back to left while making

½ turn right

3&4 hold, small step forward on right, turn ¼ right stepping left to side

5 cross right behind left

6&7 turn ¼ left stepping left forward, rock forward onto right, recover to left

step right back, step left back, lock right over left

## 14, HOLD, SIDE, CROSS, 34. SIDE, BEHIND, 14, SIDE, BACK CROSS ROCK

2 turn ¼ left stepping left to side while angling body toward the left diagonal

3&4 hold, step right slightly to side, cross left over right

5 turn ¾ left on ball of left foot

6&7 step right to side, cross left behind right, turn ¼ right stepping right forward

888 step left to side, cross rock right behind left, recover to left

#### **REPEAT**

### ENDING: On wall 7, after count 25

2-3 turn ¼ left stepping left to side, step right slightly to side

4&5 cross left over right, turn ¼ left stepping back on right, turn ½ left stepping forward on left

6 press forward onto right. Slowly lunge forward as music fades out