

拍数: 32 墙数: 4 级数: Intermediate NC 编舞者: Kate Sala (UK) - December 2014 音乐: Mom - Garth Brooks: (Album: Man Against Machine)



Intro: 16 count.

Step Right, Behind, Side	. Cross Rock	. Recover & Cross.	. Full Unwind. S	Step Riaht. T	ogether Cross	. Side.

12&	Step Right to right side. Cross step L behind R. Small step R.
3 4 &	Cross rock on L over R. Recover on to R. Step on L to left side.
5 6	Cross step R over L. Unwind full turn left. (weight on L).
& 7	Step R to right side. Step L next to R.
8 &	Cross step R over L. Small step on L to left side.

Behind With Sweep, Behind, Turn 1/4 Right, Walk x 2, Rock, 1/2 Turn, Step, 1/2 Turn, Side, Cross Rock.

1	Cross step R behind L whilst sweeping L foot round to left side from front to back.
2 & 3	Cross step L behind R. Turn 1/4 right stepping forward on R. Step forward on L.
4	Step forward on R.
5 & 6	Rock forward on L. Recover on to R. Turn 1/2 left stepping forward on L.
7 & 8	Step forward on R. Turn 1/2 right stepping back on L. Step on R to right side
&	Cross rock on L over R.

Recover With Sweep, Behind, Side, Cross Rock, Recover & Syncopated Weave, Montery 1/2 Turn Left.			
1	Recover on to R whilst sweeping L out to left side from front to back.		
2 &	Cross step L behind R. Small step on R to right side.		
3 4	Cross rock on L over R. Recover on to R.		
&5&6	Small step on L to left side. Cross step R over L. Step L to left side. Cross step on R behind L.		
7 8	Point L out to left side. Montery 1/2 turn left stepping L next to R.		

Cross, Diagonal, Step, Jazz Box, Cross Rock, Recover, tripple Full Turn Right, Cross.

1 & 2	Cross step on R to left diagonal. Step L forward to left diagonal. Step R forward to right diagonal.
3 & 4	Cross step L over R. Step back on R. Step L out to left side.
5 6	Cross rock on R over L. Recover on to L.
7 &	Turn 1/4 right stepping forward on R. Turn 1/2 right stepping back on L.
8 &	Turn 1/4 right stepping R to right side. Cross step L over R.

Start Again!

Tag 1 End of wall 3, facing 3 o'clock. 12 counts.

12&	Long Step on R to right side. Cross rock on L behind R. Recover onto R.
34&	Long step on L to left side . Cross rock on R behind L. Recover onto L.
56&	Step forward on R. Step forward on L. Pivot 1/2 turn right.
78&	Step forward on L. Step forward on R. Pivot 1/2 turn left.

Hip Sways

1 - 4 Step on R to right side swaying hips right. Sway hips Left, Right, Left.

Tag 2 End of wall 5, facing 9 o'clock, 8 counts.

Basic NC Step Right, Basic NC Step L, Step, Pivot 1/2 Turn Right, Step, Pivot 1/2 Turn L, Repeat the first 8 counts from Tag 1 above.

Tag 3 End of wall 6, facing 6 o'clock, 2 counts.1 2 Step R to right side swaying hips right. Sway hips left.

Ending: Dance up to count 6 in section 2, then Cross R over L & full unwind left. Ta Da!!