

# Baila Esta Cumbia (Dance This Cumbia)

**COPPER**KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Roger Neff (USA) - January 2015  
音乐: Baila Esta Cumbia - Selena



**Intro: 32 counts as used in this dance**

**[1-8] Side Together, Side Together Forward, Side Together, Side Together Back**

1-2,3&4      Step R, Step L together, Step to R, Step L together, Step fwd on R  
5-6,7&8      Step L, Step R together, Step to L, Step R together, Step back on L

**[9-16] Back Rock Side, Back Rock Side, 1/4 Turn R with R Coaster Step, Lock Steps**

1&2      Rock back on R turning body slightly to 1:30 diagonal, Recover on L, Step R to side  
3&4      Rock back on L, Recover on R, Step L to side  
5&6,7&8      Pivot body to face 3:00 and step back on R, Step L beside R, Step fwd on R, Step fwd on L, Lock R behind L, Step fwd on L

**[17-24] Rocking Chair, 1/4 Turn, Rocking Chair, 1/4 Turn**

1&2&,3-4      R Rocking chair, Step fwd on R, 1/4 turn to L and step on L (9:00)  
5&6&,7-8      R Rocking chair, Step fwd on R, 1/4 turn to L and step on L (6:00)

**[25-32] Back Rock Side, Back Rock Side, Jazz Box With Cross**

1&2,3&4      Rock back on R, Recover on L, Step R to side, Rock back on L, Recover on R, Step L to side (as in counts 1&2,3&4 in section 2)  
5-6-7-8      Jazz box: Step R over L, Step back on L, Step R to side, Step L over R

**Note: Jazz box can be done with toe struts (5&6&7&8&).**

**To give the dance a little more cumbia/salsa flavor, you can give a low forward flick with the free foot as an & after counts 2 and 4 in sections 2 and 4.**

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Last Update - 17 Oct. 2021