

Guardian Angel (守護天使) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2007年07月
音乐: Angel On My Shoulder - Gareth Gates



前奏 : Intro: 16 counts – Start on Vocals (14 sec) (Please use only the Single (3m 28s))

- 第一段** **Full Right Step-Ball-Step, Side Rock, Recover, Cross, 1/4 Left, 1/4 Left, 1/2 Left With Drag, Back Rock, Recover, Side Left With Drag, Back Rock, Recover**
右轉圈(踏-原地-踏), 側下沉, 回復, 交叉, 左1/4, 左1/4, 左1/2帶拖, 後下沉, 回復, 左側帶拖, 後下沉, 回復
- 1&2 1/4 turn right stepping on right, 1/4 turn right stepping on ball of left, 1/2 turn right crossing right over left (making full turn right) [12]
右轉90度右足踏, 右轉90度左足踏, 右轉180度右足於左足前交叉踏(右轉圈)(面向12點鐘)
- 8&3& Rock left to left side, Recover onto right, Cross left over right
左足左下沉, 右足回復, 左足於右足前交叉踏
- 4& Make 1/4 turn left stepping back on right, Make 1/4 turn left stepping left to left side
左轉90度右足後踏, 左轉90度左足左踏
- 5,6& Make 1/2 turn left stepping right to right side dragging left to meet right, Cross rock back on left, Recover onto right [12]
左轉180度右足右踏左足拖併, 左足後交叉下沉, 右足回復(面向12點鐘)
- 7,8& Step left to left side dragging right towards left, Cross rock right behind left, Recover onto left
左足左踏右足拖併, 右足於左足後交叉下沉, 左足回復
- 第二段** **Wide Side Right With Drag, Left Cross, 1/4 Left, Left Side With Drag, 1/4 Left Stepping Side Right, Left Cross, #, Sways R, L, Rolling Vine Right**
右大步拖併, 左交叉, 左1/4, 左帶拖, 左1/4左併, 左交叉(從頭起跳), 右左擺臀, 右轉華倫
- 1,2& Take wide step to right side dragging left towards right, Cross left over right, Make 1/4 turn left stepping back on right [9]
右足右一大步左足拖併, 左足於右足前交叉踏, 左轉90度右足後踏(面向9點鐘)
- 3,4& Step left to left side dragging right towards left, Make 1/4 turn left stepping right to right side, Cross left over right [6] 左足左踏右足拖併, 左轉90度右足右踏, 左足於右足前交叉踏(面向6點鐘)
- #(The Restart occurs here during wall 2 – You will be facing the front wall)
第二面牆面向前面時, 從頭起跳
- 5,6 Sway right, Sway left 右擺臀, 左擺臀
- 7&8 Make full rolling vine to the right side [6]
右轉華倫(面向6點鐘)
- 第三段** **Left Cross, Right Ronde Hitch, Right Cross, Left Rock & Cross, Diagonal Walks R, L, 1/2 Pivot Right, Diagonal Walks L, R, L**
左交叉, 右繞, 右交叉, 左下沉&交叉, 斜角線走-右, 左, 右1/2, 斜角線走-左, 右, 左
- 1&2 Cross left over right, Ronde hitch right knee across left, Step right across left
左足於右足前交叉踏, 右膝繞至左足前交叉, 右足於左足前交叉踏
- 3&4 Rock left to left side, Recover onto right, Cross left over right
左足左下沉, 右足回復, 左足於右足前交叉踏
- 5,6& Walk forward right on a right diagonal, Step forward on left, [7:30] Make 1/2 pivot turn right 1:30
右足右斜角線前走, 左足前踏(面向7:30), 右轉180度(面向1:30)
- 7,8& (Still on the diagonal) Walk forward left, Run forward right, Run forward left [1:30]
(保持在斜角線的方向)左足前走, 右足前跑, 左足前跑(面向1:30)
- 第四段** **Right Side, Weave Left, Rock Back Right, Recover, Step Forward Right, 1/2 Pivot Turn Left, Prissy Walks R, L, Side Rock, Recover, Drag And Sliding Hitch**
右側, 左藤步, 右後下沉, 回復, 右前踏, 左1/2, 右左拘謹走, 側下沉, 回復, 拖滑鉤
- 1& Rock out to right side (straightening up to 12.00), Step left to left side [12] 右足右下沉, 左足左踏(12點鐘)
- 2& Cross right over left, Step left to left side
右足於左足前交叉踏, 左足左踏

- 3& Rock back on right, Recover onto left
右足後下沉, 左足回復
- 4& Step forward on right, Make 1/2 pivot turn left [6]
右足前踏, 左轉180度(6點鐘)
- 5,6 Prissy walk forward right over left, Prissy walk forward left over right 右足於左足前交叉走, 左足於右足前交叉走
- 7&8 Rock out to right side, Recover onto left, Drag right to meet left - lifting knee so that the right foot slides from the ankle up the left leg with the right toes pointing to the floor [6]
右足右下沉, 左足回復, 右足拖併(抬膝右足趾點)(6點鐘)
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