

Rock and Roll King EZ 50's Style

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mitzi Day (USA) - January 2015
音乐: Rock and Roll Is King - Electric Light Orchestra



Kick Kick, Toe Strut. Kick Kick, Toe Strut

- 1-2 Right foot kick front then right side.
- 3-4 Place right toe behind left foot then place right heel on floor. weight on right foot.
- 5-6 Left foot kick front then left side.
- 7-8 Place left toe behind right foot then place left heel on floor. weight on left foot.

Twist Twist Twist Twist Twist Twist Hitch

- 1-2-3-4 Twist heels, right, left, right, left leaning body forward.
- 5-6-7 With body leaning back twist heels right, left, right.
- 8 Hitch right knee up.

Point Hitch Point Hitch. Step Together Step Touch.

- 1-2-3-4 Point right toe in front. Hitch right knee up. Point right toe in front. Hitch right knee up.
- 5-6-7-8 Turn 1/4 left (9:00) and step right foot to right. step left foot beside it. Step right to right side and touch left toe beside it. weight on right foot.

Step Together Step Step. Hand Jive.

- 1-2-3-4 Step left foot to left side. Step right foot beside it. Step left to left side. Step down on right.
- 5-6-7-8 With weight on both feet splay fingers out flat in front of your belly with right hand over left. Now wave them on top of the other two times. (5-6) Now put left hand over and wave twice.

There are two easy to hear Tags: Each is same and music is same.

First Tag is on fifth wall after the entire 32 counts after the wave hand jive you add additional hand jive but this one is by making two fists and bumping twice with right on top then reverse and bump fists twice with left on top.

The fist bumps are four counts. The lyrics say, "That's how it's meant to beeeeeeee."

Then four counts of music. There's your Tag. The next Tag is toward end of song facing back wall. Same lyrics and music.

A special shout out to Fla.group "Time to dance" I hope you like the neato dance.

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