

Animals

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner Plus
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音乐: Animals - Maroon 5



#32 Count Intro

Long Step Right, Step Together. Step Side, Step Together, Step Side. Long Step Left, Step Together, Step Side, Step Together, Step Side.

- 1-2 Long step to right, step left next to right.
- 3&4 Step right to right, step left next to right, step right to right.
- 5-6 Long step to left, step right next to left.
- 7&8 Step left to left, step right next to left, step left to left.

Left Diagonal Cross Rock And Back And Rock And Back. Right Diagonal Cross Rock And Back And Rock And Back.

- 1&2&3&4 Cross rock right over left as you pull shoulders back. Recover left. Rock back on right as you roll shoulders forward, recover left. Cross rock right over left as you pull shoulders back. Recover left. Rock back on right as you roll shoulders forward.
- 5&6&7&8 Cross rock left over right as you pull shoulders back. Recover right. rock back on left as you roll shoulders forward. Recover right. Cross rock left over right as you pull shoulders back. Recover right. Rock back on left as you roll shoulders forward.

Rock Recover ½ Turn. Triple Left ½ Turn. Coaster Step. Shuffle Forward.

- 1-2 Rock right forward recover left while turning ½ turn left.
- 3&4 Step right, left, right, while turning ½ turn left. Completing full turn.
- 5&6 Step left back, step right next to left, step left slightly forward.
- 7&8 Step right forward, step left next to right, step right forward

Side Step And Touches, Left, Right, Left. Step Right.

- 1&2&3&4 Step left to left side, touch right next to left. Step right too right side, touch left next to right. Step left to left side, touch right next to left. Step right to right side.

Step Back. Bounce Three Times ½ Turn Left

- 5 Step left slightly back.
- 6-7-8 Bounce on both feet ½ turn left. Finish with weight on left.

Start Again!

TAG: After wall 8, when music drops out, add 4 count Tag.

- 1 - With weight on left, pop right knee, right arm and right shoulder up. Toe stays on floor, (Think of your knee attached to your hand with a string) palm up, fingers closed. Lower arm parallel to floor at 90 degree angle
- 2 - Pop left knee up as you pull left arm and shoulder up, step on right.
- 3 - Pop right knee up as you pull right arm and shoulder up, step on left.
- 4 - Pull right knee up even further (like a double pop) pull right arm and shoulder up even further.

OR

- 1-2-3-4 - Easy alternative -- Rock forward on right, recover left. Rock back on right, recover left.

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