Pa Pop Pa La

拍数: 32 **墙数:** 4 **级数:** Beginner - Pop Cha Cha
编舞者: Ira Weisburd (USA) - January 2015
音乐: Le poulpe - Dimie Cat : (Album: ZigZag)

Intro: 16 count. Start on vocal at 9 seconds - NO TAGS !!! NO RESTARTS !!!

PART I. (WALK FORWARD R, L , STEP LOCK STEP; FORWARD, RECOVER, TRIPLE 1/2 TURN L)

1-2	Step R across L, Step L across R
3&4	Step R forward, Lock L behind R, Step R forward
5-6	Step L forward, Recover back onto R
7&8	Make Triple Step with 1/2 Turn L (6:00)

PART II. (STEP TO R DIAGONAL: FORWARD, LOCK, FORWARD, LOCK, STEP; STEP TO L DIAGONAL: FORWARD, LOCK, FORWARD, LOCK, STEP)

1-2	Step R forward to R diagonal, Lock L behind R (popping R knee up at the same time)
3&4	Step R forward to R diagonal, Lock L behind R, Step R forward to R diagonal
5-6	Step L forward to L diagonal, Lock R behind L (popping L knee up at the same time)
7&8	Step L forward to L diagonal, Lock L behind R, Step L forward to L diagonal

PART III. (STEP R FORWARD, RECOVER BACK ON L, TRIPLE 1/2 TURN R, WEAVE 2 WITH L, L SAILOR)

1-2	Step R forward, Recover back onto L
3&4	Triple 1/2 Turn R (12:00)
5-6	Step L across R, Step R to R
7&8	Step L behind R, Step R to R, Step L to L

PART IV. (WEAVE 2 WITH R, R SAILOR; STEP L ACROSS R, 1/4 TURN L STEPPING BACK ON R, L COASTER)

1-2	Step R across L, Step L to L
3&4	Step R behind L, Step L to L, Step R to R
5-6	Step L across R, Step back on R (making 1/4 Turn L) (9:00)
7&8	Step L back, Step-close R beside L, Step L forward

REPEAT DANCE.

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