My Love

拍数: 48

COPPER KNOB

墙数:2

编舞者: Lam Lam (HK) - January 2015 音乐: My Love - Westlife 级数: Intermediate



Start on vocals

Restart & Tag : on wall 2, after 29 counts , change count 30,31,32 to side rock cross shuffle(6&7&8), then add 4 counts tag (basic nightclub R, L)

Restart from count 1, step R to side facing 12:00

Ending : On wall 6 start facing 6:00, after 29 counts, change count 30,31,32, to side rock cross shuffle, then step big step to R side, drags L towards R ended at 12:00

(1-9) R nightclub, side, jazz box 1/4R, cross rock 1/4L, pivot 1/2L, 1/2L

- 1 2&3 Step R to side(1), step L close to R(2), cross R over L(&), step L to side(3)
- 4&5 Cross R over L(4), 1/4R step back on L(&), step R to side(5)
- 6&7 Cross rock L over R(6), recover back on R(&), 1/4L step fwd on L(7)
- 8&1 Step fwd on R(8), pivot 1/2L(&), 1/2L step back on R(1) 12:00

(10-16) Back rock, 1/2R, 1/2R, shuffle fwd L, step pivot 1/2, prissy walk R L

- 2&3& Rock back on L(2), recover onto R(&), 1/2R step back on L(3), 1/2R step fwd on R(&)
- 4&5 Step fwd on L(4), step R beside L(&), step fwd on L(5)
- 6&7 8 Step fwd on R(6), pivot 1/2L(&), prissy walk R L (7,8) 6:00

(17-24) R nightclub basic, 1/4L into L nightclub basic, 2X1/4L, 1/8L run R L, mambo with L sweep

- Step R to side(1), rock back on L(2), recover weight fwd on R(&), 1/4R step L to side(3)
 Rock back on R(4), recover weight fwd on L(&), 1/4L step back on R(5), 1/4L step L to side(&)
- 6&7&8 Make 1/8L step fwd on R(6), step fwd on L(&), rock fwd on R(7), recover back to L(&), step back on R sweep L around from front to back(8) 1:30

(25-33) Back sweep R, weave behind with 3/8 turn R, side rock cross, 1/4L back lock step

- 1 Step back on L sweep R backwards(1)
- 2&3& Cross R behind L(2), 1/8R step L to side(&), cross R over L(3), 1/8R step L to side(&)
- 4&5 Cross R behind L(4), 1/8R step L to side(&), cross R over L(5)
- 6&7 Rock L to side(6), recover back on R(&), cross L over R(7)
- 8&1 1/4L step back on R(8), lock L over R(&), step back on R(1) 3:00

(34-41) 1/4L Side rock , 1/4R, lock step fwd, mambo step, sailor 1/4L

- 2 3 Make a 1/4L rock L to side(2), 1/4R recover weight to R step fwd on R(3)
- 4&5 Step L fwd(4), lock R behind L(&), step L fwd(5)
- 6&7 Rock fwd on R(6), recover back on L(&), step back on R(7)
- 8&1 Step L behind R with 1/4L (8), step R to side(&), step L to side(1) 12:00

(42-48) Cross, side, behind, behind side fwd, step pivot 1/2, step with spin turn R, tog

- 2&3 Cross R over L(2), step L to side(&), cross R behind L sweep L to the back(3)
- 4&5 Cross L behind R(4), step R to side(&), step L fwd(5)
- 6&7 8 Step R fwd(6), pivot 1/2L(&), step R fwd with full spin turn R(7), step together with L(8) 6:00

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