

Hypnotized

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased
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音乐: Hypnotize U - N.E.R.D



Intro – 32 counts - Sequence – A,A,B, A,A,B, A,A,A, TAG, A,A, A,A, B

Pattern A (32 counts)

A1: Skate x2, right shuffle, skate x2 left shuffle

1,2 skate RF to R diagonal, skate LF to L diagonal
3&4 step RF to R diagonal, close L next to R, step RF to R diagonal
5,6 skate LF to L diagonal, skate RF to R diagonal
7&8 step LF to L diagonal, close R next to L, step LF to L diagonal

A2: Syncopated jazz box, full spiral turn, out,out,in,in, drag, sweep

1&2 cross RF over L, step LF back diagonal, step RF out to L
3,4 cross LF over R, full spiral turn R ending with weight on LF
&5&6 step out R, step out L, bring RF in, close LF next to R
7,8 step RF forward dragging LF as you step, step LF forward sweeping RF from back to front
(12.00)

(on the drag forward, roll LF over like you are trying to wipe your shoe laces on the dance floor)

A3: Rock step, $\frac{3}{4}$ triple R,L,R, rock recover, back lock step

1,2 cross RF over L, step LF back
3&4 make a $\frac{3}{4}$ turn R, stepping R,L,R (9.00)
5,6 rock LF forward, recover onto R
&7,8 step LF back diagonal, cross RF over L, step LF back diagonal (facing 10.30)

A4: Rock recover, walk x2, ball cross step forward, $\frac{5}{8}$ turn R

1,2 rock back on RF, recover onto L (facing 10.30)
3,4 walk R, walk L
&5,6 step RF to R side, cross LF over right slightly turning upper body to L, step forward RF
(10.30)
7&8 make a $\frac{5}{8}$ turn R stepping L,R,L (facing new wall 6.00)

Pattern B (16 counts)

B1: Swivel x3, slide L, touch, switches x3, flick touch

1,2,3 step RF to R as you swivel heels to R, swivel heels L, swivel heels R (finish with weight on RF)
4&5 make large step L, touch RF beside L, touch RF to R side
&6& close RF next to L, touch LF to L side, close LF next to R
7&8 touch RF to R side, flick RF behind L, touch RF to R side

B2: Swivel x3, slide L, jazz box

1,2,3 step RF to R as you swivel heels to R, swivel heels L, swivel heels R (finish with weight on RF)
4,5 make large step L, cross RF over L
6,7,8 step LF back, step RF to R side, step LF forward

TAG (32 counts) only happens once

TS1: Hip bump x 4

1,2 touch R toe to R side pushing hip to R, place weight onto RF

- 3,4 touch L toe to L side pushing hip to L, place weight onto LF
- 5,6 touch R toe forward pushing hip forward, place weight onto RF (6.00)
- 7,8 make ½ L touch L toe forward pushing hip forward, place weight onto LF (12.00)

TS2: Cross, back, side, cross, back ¼ turn L, ¾ turn L

- 1,2,3 cross RF over L, step LF back diagonal, step RF back diagonal
- 4,5,6 cross LF over R, step RF back diagonal, ¼ L stepping LF forward, (9.00)
- 7,8 stepping RF forward make ¾ turn L, place weight onto LF

TS3: Hip bumps x4

- 1,2 touch R toe to R side pushing hip to R, place weight onto RF
- 3,4 touch L toe to L side pushing hip to L, place weight onto LF
- 5,6 touch R toe forward pushing hip forward, place weight onto RF (12.00)
- 7,8 make ½ L touch L toe forward pushing hip forward, place weight onto LF (6.00)

TS4: Cross, back, side, cross, back, out, pivot ½ turn L

- 1,2,3 cross RF over L, step LF back diagonal, step RF back diagonal
- 4,5,6 cross LF over R, step RF back diagonal, step LF to L side
- 7,8 step RF forward, pivot ½ turn L placing weight onto LF (12.00)

We hope you enjoy!

Last Update - 2nd Feb 2015
