# All I Can Stand



编舞者: Denise Smith (AUS) - February 2015

音乐: I've Enjoyed As Much of This As I Can Stand - Thomas Milligan: (Album: The

Best Of Country and Irish - iTunes)



#### Restart Wall 5: Dance to Count 16 After step 1/2, Step on L then Restart

#### SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, FORWARD, TOUCH

Step R to the right, Step L beside R, Step R forward, Touch L beside R
Step L to the left, Step R beside L, Step L forward, Touch R beside L

#### ROCKING CHAIR, ROCK, RECOVER, STEP 1/2, HITCH & HOLD,

1-4 Rock forward on R. Recover on L, Rock back on L, Recover on R

5-8 Rock forward on R, Recover on L, Step R back stepping ½ right, Hitch L and hold

Restart Wall 5: Dance to Count 16 After step ½, Step on L.

### STEP, LOCK, STEP, TOUCH, SIDE ROCK, RECOVER, BEHIND, SIDE ROCK,

Step L forward, Step R behind L, Step L forward, touch R beside L
Rock R to the right, Recover on L, Step R behind L, Rock L to the left

## RECOVER, BEHIND, SIDE ROCK, RECOVER, TOE STRUT, TOE STRUT

1-4 Recover on R, Step L behind R, Rock R to the right, Recover on L
5-8 Step R toe forward, Drop R heel down, Step L toe forward, Drop L heel

[32]□REPEAT