

# Ready for the Good Life

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2014  
音乐: Ready for the Good Life - Paloma Faith : (iTunes)



**Starts on main vocals (16 counts)**

**S1: 1/2, Step, Anchor Step, 1/2, 1/2, Out Out In Cross.**

- 1-2      Make 1/2 turn Left stepping forward on Left, step forward on Right. (6:00)
- 3&4      Step lock Left behind Right, rock forward on Right, step back on Left.
- 5-6      Make 1/2 turn to Right stepping forward on Right, 1/2 turn to Right stepping Left next to Right.
- 7&      Step Right out to Right side, step Left out to Left side.
- 8&      Step Right to centre, cross step Left over Right. (6:00)

**S2: Point, Behind 1/4 Step, Rock Step, Back, Sailor 1/2.**

- 1      Point Right to Right side.
- 2&3      Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, step forward on Right. (3:00)
- 4-5      Rock forward on Left, recover on Right.
- 6      Step back on Left.
- 7&8      Make 1/4 turn to Right cross stepping Right behind Left, step Left next to Right, 1/4 turn to Right stepping forward on Right. (9:00)

**\*R\***

**S3: & 1/4 Cross, 1/4 Sweep, Cross Side Behind, Behind & Cross, Unwind 1/2, Back.**

- &1      Step Left next to Right, make 1/4 turn to Right cross stepping Right over Left. (12:00)
- 2      Make 1/4 turn to Left stepping forward on Left sweeping Right out & forward. (9:00)
- 3&4      Cross step Right over Left, step Left to left side, cross step Right behind Left sweeping Left out & back.
- 5&6      Cross step Left behind Right, step Right to Right side, cross step Left over Right.
- 7      Unwind 1/2 turn to Right, □ (3:00)
- 8      Step back on Right.

**S4: Coaster Step, Step 1/2 Pivot, Step Lock Step, Step Lock Step, Step.**

- 1&2      Step back on Left, step Right next to Left, step forward on Left.
- 3-4      Step forward on Right, pivot 1/2 turn to Left. (9:00)
- 5&6      Step Right forward to Right diagonal, lock Left behind Right, step Right forward to Right diagonal.
- &7&      Step Left forward to Left diagonal, lock Right behind Left, step Left forward to Left diagonal.
- 8      Step straight forward on Right.

**Restarts on Walls 4 & 9**

**Dance up to and including count 16 then Restart dance from the beginning :)**