

Eat Sleep Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Karen Tripp (CAN) - February 2015
音乐: Eat Sleep Love You Repeat - Rodney Atkins : (Album: Eat Sleep Love You Repeat)



Wait 16 counts

ROCK FORWARD (RIGHT), RECOVER, ¼ RIGHT SIDE SHUFFLE (3:00)

1-2 Rock forward right, recover to left
3&4 Turn ¼ right and shuffle to the side right, left, right (3:00)

¼ RIGHT AND SIDE ROCK (LEFT), RECOVER, FORWARD SHUFFLE (6:00)

5-6 Turn ¼ right and rock side on left, recover to right (6:00)
7&8 Shuffle forward left, right, left

(RIGHT) DIAGONAL VINE 2, (RIGHT) TRIPLE – REPEAT ALL WITH LEFT

9-10 Step right slightly diagonal forward, cross left behind
11&12 Triple in place right, left, right
13-14 Step left slightly diagonal forward, cross right behind
15&16 Triple in place left, right left

2 ROCKING CHAIRS

17-20 Rock forward right, recover to left, rock back on right, recover to left
21-24 Repeat steps 17-20

ROCK SIDE RIGHT, RECOVER, CROSSING SHUFFLE, - REPEAT ALL WITH LEFT

25-26 Rock right to side, recover to left
27&28 Cross right over left, step left, cross right over left
29-30 Rock left to side, recover to right
31&32 Cross left over right, step right, cross left over right

Ending: Facing 12:00 after 16 counts

Choreographer: Karen Tripp, Cranbrook, BC, Canada
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