

I Will Fly

COPPERKNOB
STEPSHEETS

拍数: 100 墙数: 2 级数: Phrased Intermediate
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音乐: I'll Fly - Heidi Hauge



Sequence: AA AA*B (all 3 times), final

PART A – 64 COUNTS

A1: SWIVEL LEFT FOOT, STOMP UP, RIGHT SIDE, STOMP UP, LEFT SIDE, STOMP UP

1-2 Swivel Left Foot To Left Side (Toe, Heel)
3-4 Swivel Left Toe To Left Side, Stomp Up Right Beside Left
5-6 Step Right To Right Side, Stomp Up Left Beside Right
7-8 Step Left To Left Side, Stomp Up Right Beside Left

A2: SWIVEL RIGHT FOOT, STOMP UP, LEFT SIDE, STOMP UP, RIGHT SIDE, STOMP UP

1-2 Swivel Right Foot To Right Side (Toe, Heel)
3-4 Swivel Right Toe To Right Side, Stomp Up Left Beside Right
5-6 Step Left To Left Side, Stomp Up Right Beside Left
7-8 Step Right To Right Side, Stomp Up Left Beside Right

A3: COASTER STEP LEFT, SCUFF, LOCK FORWARD RIGHT, SCUFF

1-2 Step Left Back, Step Right Beside Left
3-4 Step Left Forward, Scuff Right Beside Left
5-6 Step Right Forward, Lock Left Behind Right
7-8 Step Right Forward, Scuff Left Beside Right

A4: VAUDEVILLE RIGHT, TOE STRUT BACK RIGHT, STEP BACK, SLIDE BACK

1-2 Cross Left Over Right, Step Right Diagonally Back
3-4 Touch Left Heel Diagonally Forward, Step Left On Place
5-6 Step Back On Right Toe, Drop Right Heel Taking Weight
7-8 Step Left Back, Slide Right Back Beside Left

A5: LOCK FORWARD TO LEFT, STOMP, SWIVET (RIGHT, LEFT)

1-2 Step Left Diagonally Forward, Lock Right Behind Left
3-4 Step Left Diagonally Forward, Stomp Right Beside Left
5-6 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right, Return Feet To Centre
7-8 Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left, Return Feet To Centre

A6: GRAPEVINE RIGHT, STOMP, SWIVET LEFT, SWIVET RIGHT AND TURN 1/4 RIGHT, HOLD

1-2 Step Right To Right Side, Cross Left Behind Right
3-4 Step Right To Right Side, Stomp Left Beside Right
5-6 Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left, Return Feet To Centre
7-8 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right & Turn 1/4 Right, Hold

A7: COASTER STEP RIGHT, TOGETHER, TURN 1/4 RIGHT & ROCK BACK, KICK, STEP

1-2 Step Right Back, Step Left Beside Right
3-4 Step Right Forward, Step Left Beside Right (Weight On Right)
5-6 Turning 1/4 Right Rock Back On Left, Return On Right
7-8 Kick Left Forward, Step Left On Place

A8: TOES STRUT (RIGHT, LEFT), COASTER STEP RIGHT, STOMP

- 1-2 Step Forward On Right Toe, Drop Right Heel Taking Weight
- 3-4 Step Forward On Left Toe, Drop Left Heel Taking Weight
- 5-6 Step Right Back, Step Left Beside Right
- 7-8 Step Right Forward, Stomp Left Beside Right

PART B – 36 COUNTS (performed after 16 count, every 4th repetition part A)*

B1: SCISSOR STEPS LEFT, HOLD, SCISSOR STEPS RIGHT, HOLD

- 1-2 Step Left Diagonally Back, Step Right Beside Left
- 3-4 Cross Left Over Right, Hold
- 5-6 Step Right Diagonally Back, Step Left Beside Right
- 7-8 Cross Right Over Left, Hold

B2: KICK (TWICE), STEP BACK, HOLD, COASTER STEP RIGHT, STOMP UP

- 1-2 Kick Left Forward (Twice)
- 3-4 Step Left Back, Hold
- 5-6 Step Right Back, Step Left Beside Right
- 7-8 * Step Right Forward, Stomp Up Left Beside Right

B3: SCISSOR STEPS LEFT, HOLD, SCISSOR STEPS RIGHT, HOLD

- 1-2 Step Left Diagonally Back, Step Right Beside Left
- 3-4 Cross Left Over Right, Hold
- 5-6 Step Right Diagonally Back, Step Left Beside Right
- 7-8 Cross Right Over Left, Hold

B4: KICK (TWICE), STEP BACK, HOLD, COASTER STEP RIGHT, SCUFF

- 1-2 Kick Left Forward (Twice)*
- 3-4 Step Left Back, Hold
- 5-6 Step Right Back, Step Left Beside Right
- 7-8 * Step Right Forward, Scuff Left Beside Right

B5: STEP FORWARD, TOUCH TOE BACK, STEP BACK, STOMP

- 1-2 Step Left Forward, Touch Right Toe Behind Left
- 3-4 Step Right Back, Stomp Left Beside Right

FINAL: *after 26 count part B performed

Touch Left Toe Back, Turn 1/2 Left, Stomp Right Forward
