Absolute EZ Waltz

级数: Absolute Beginner

编舞者: Juliet Lam (USA) - February 2015

音乐: One Day When We Were Young - Jane Zhang (張靚穎)

Intro: 24 count, start on Vocals

拍数: 24

This dance can be done to all different tempos, please try it to your favorite songs.

Sec 1: Basic Forward Waltz, Basic Back Waltz

- 1-3 Step forward on right, step left next to right, step right next to left
- 4-6 Step back on left, step right next to left, step left next to right

Sec 2: Cross Point, Hold, Cross Point, Hold

- Cross right over left, point left toe to the left side, hold 1-3
- 4-6 Cross left over right, point right toe to right side, hold

Sec 3: Step Forward, Drag, Kick, Back, Drag, Hitch

- 1-3 Step right forward, drag left leg towards right, kick left forward
- 4-6 Step back on left, drag right towards left, hitch right knee

Sec 4: Sway Right, Hold, Sway Left, Hold

- 1-3 Step right foot to right and sway right, hold 2 counts
- 4-6 Sway left, hold 2 counts (weight on left)

Turn ¼ R (3:00), making this your new wall and start the dance from the top with "Basic Forward Waltz, Basic Back Waltz"

Repeat & Enjoy

Contact: hsiaoll168@gmail.com





墙数:4