Double In The Club

拍数: 48

级数: Beginner

编舞者: Cheryl Sjolund (USA) - February 2015

音乐: Pride and Joy - Stevie Ray Vaughan & Double Trouble

Alt. music:-

Club Savoy – Rockin' Louie and the Mama Jammers Crazy About You – Katie Webster and Rockin' Sidney Or any 48 count track

#16 Count Intro

S1: TRIPLE STEP RIGHT, BACK ROCK, ROCKING CHAIR

- 1&2 Triple step R, L, R to right side
- 3-4 Step L back: recover forward onto R
- 5-6 Step L forward; recover back onto R
- 7-8 Step L back; recover forward onto R

S2: TRIPLE STEP LEFT, BACK ROCK, ROCKING CHAIR

- 1&2 Triple step L, R, L to left side
- 3-4 Step R back; recover forward onto L
- 5-6 Step R forward; recover back onto L
- 7-8 Step R back; recover forward onto L

S3: MONTEREY ¼ TURN R, JAZZBOX IN PLACE

- 1-2 Point R to R side turn 1/4 right stepping right beside left.
- 3–4 Point left to left side step left beside right.
- 5–6 Cross right over left, step back on left
- 7–8 Step right to right side, step left.

S4: MONTEREY ¼ TURN R, JAZZBOX IN PLACE

- 1-2 Point R to R side turn 1/4 right stepping right beside left.
- 3–4 Point L to L side. Step L beside R.
- 5–6 Cross right over left, step back on left
- 7–8 Step right to right side, step left.

S5: TOE STRUTS, SKATES

- 1-2 Touch R toe forward, drop R heel down
- 3-4 Touch L toe forward, drop L heel down
- 5-6 Skate R forward slightly angled to 1:00, Skate L forward to 11:00
- 7-8 Skate R forward slightly angled to 1:00, Hold.

S6: TOE STRUTS, SKATES

- 1-2 Touch L toe forward, drop L heel down
- 3-4 Touch R toe forward, drop R heel down
- 5-6 Skate L forward slightly angled to I1:00, Skate R forward to 1:00
- 7-8 Skate L forward slightly angled to 11:00, Hold.

Last Update - 1st March 2015



墙数:2