# **Sweet Chariot**

拍数: 32

级数: Beginner

编舞者: Roger Neff (USA) - November 2013

音乐: Swing Low Sweet Chariot - Scooter Lee

Intro: Start after the slow vocal introduction plus 8 counts of the fast beat.

## [1-8] Ueave to R, Triple step, L Kick-ball-cross

- Step to R, Step L behind R, Step to R, Step L over R 1-4
- 5&6,7-8 Triple step to R (R,L,R), Kick L fwd, Recover on ball of L, Step R across L

### [9-16] UWeave to L, Triple step, R Kick-ball-change

- 1-4 Step to L, Step R behind L, Step to L, Step R over L
- 5&6,7-8 Triple step to L (L,R,L), Kick R fwd, Recover on ball of R, Step on L

#### [17-24] Rocking chair, Rock fwd on R, R coaster step (with optional claps on the & between beats 1 through 6)

- 1-4 Rock fwd on R, Recover on L, Rock back on R, Recover on L
- Rock fwd on R, Recover on L, Step back on R, Step L beside R, Step fwd □on R 5-6,7&8

### [25-32] Rock Fwd on L, Turn ¼ to R and step on R, Cross Shuffle, Side Touches

- 1-2 Rock fwd on L, Turn 1/4 to R and step on R
- 3&4 Step L over R, Step R to side, step L over R
- 5-8 Step to R, Touch L beside R, Step to L, Touch R beside L
- (Optional: Raise arms and sway R and L on final counts 5-8.)

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**墙数:**4