

Hit The Road Jack (踢到鐵板) (zh)

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ian Dunn (AUS)
音乐: Hit The Road Jack (Special Dance Remix) - Buster Poindexter



第一段

- 1-2 Right heel forward, slap right toe down & clap (12:00)
右足踵前點, 右足趾踏&拍手(面向12點鐘)
- 3-4 Left heel forward, slap left toe down & clap
左足踵前點, 左足趾踏&拍手
- 5-6 Touch right toe forward, swing right foot in an ark to right and back 右足趾前點, 右足擺向右後方
- 7-8 Step back on right, hold (Charleston) 右足後踏, 候

第二段

- 1-2 Touch left toe back, swing left foot in an ark to left and forward
左足趾後點, 左足擺向左前方
- 3-4 Step forward on left, hold. (Charleston) 左足前踏, 候
- 5-6 Right heel forward, slap toe down & clap,
右足踵前點, 右足趾踏&拍手
- 7-8 Left heel forward, slap left toe down & clap
左足踵前點, 左足趾踏&拍手

第三段

- 1-4 Step right forward, left beside right, right back, hold
右足前踏, 左足併踏, 右足後踏, 候
- 5-8 Left back, lock right over left, left back, hold
左足後踏, 右足於左足前鎖步, 左足後踏, 候

第四段

- 1-4 Right back, left beside right, right forward, hold
右足後踏, 左足併踏, 右足前踏, 候
- 5-6 Touch left forward, pivot $\frac{1}{2}$ turn (right weight on right) (6:00)
左足前踏, 右轉180度(重心在右足)(面向6點鐘)
- 7-8 Step onto left making a $\frac{1}{4}$ turn right, hitch right beside left (9:00) 重心在左足右轉90度, 右足抬併左足
(面向9點鐘)