My Biscuit



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Ria Vos (NL), Craig Bennett (UK) & Julie Lockton (ES) - March 2015

音乐: Biscuit - Ivy Levan : (Single)



Intro: 16 Counts from first beat (±22 sec)

| | | | | _ | |
|-----------------|------------------------|---------------|-------------|-----------|-----------|
| Press Recover | . Behind-Side-Fwd. | 1/2 Turn I | Rock Fwd | Recover | Sten Back |
| FIGSS, DECUVEL. | . DEI III IU-SIUE-F WU | . /2 IUIII L. | . RUCK EWU. | . Neuvel. | OLED DAGE |

1-2 Press R to R Side, Recover on L

3&4 Step R Behind L, Step L to L Side, Step R Fwd and Crossed Over

5 ½ Turn L weight on L (6:00) 6-7 Rock Fwd on R, Recover on L

8 Step Back on R (Bend L Knee Slightly)

L Dorothy, R Dorothy ¼ Turn L, 3 Step Walk Around ½ Turn L, Kick & Slide Back

1-2& Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd

3-4& Step R Fwd to R Diagonal, Lock L Behind R, ¼ Turn L Step R in Place (3:00)

5-6-7 Walk Around L-R-L Turning ½ Turn L (9:00)

8&1 Kick R Fwd, Cross R Over L, Step L Big Step Back Sliding R Towards L

Slide, 1/4 Turn R, Point L, 1/4 Turn L with R Flick, Hip & Step, Hip & 1/2 Turn R

2&3 Slide R Past L, ¼ Turn R Step R to R Side, Point L to L Side (12:00)

4 1/4 Turn L Step L Fwd Flicking R Backwards (9:00)

Touch R Fwd with Hip Bump Fwd, Recover on L, Step Fwd on R

7&8 Touch L Fwd with Hip Bump Fwd, Recover on R, ½ Turn R Step Back on L (3:00)

Behind-Side-Cross, Full Turn L, Touch, Point & Point & Point, Hitch-Cross Point

1&2 Cross R Behind L, Step L to L Side, Cross R Over L

3-4 Unwind Full Turn L, Touch R Next to L
5& Point R to R Side, Step R Next to L
6& Point L to L Side, Step L Next to R

7&8 Point R to R Side, Hitch R, Point R Fwd Across L

TAG: 4 Count Tag: After wall 1 (3:00), 4 (12:00) & 7 (9:00) (Note: Dance on the beat)

1& Step Out on R, Step Out on L

2 Hold

&3 Step In on R, Step L Next to R

&4 Twist Both Heels R, Recover (weight on L)

Ending: Keep dancing upon (including) the Walk Around -finish facing 12:00