

So So Dangerous!

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Val O'Connor (UK) - March 2015
音乐: Dangerous (feat. Sam Martin) - David Guetta : (Album: Listen, Deluxe)



Alternative Music As Suggested By Class Members: She Keeps Me Up By Nickelback
(No Tags Or Restarts If Dancing To This Track)

Intro: 32 Counts (Approx 20 Secs) Start Just After Vocals On " Down "

S1: STEP OUT R L& FORWARD L, CROSS R, TWIST ½ L, L COASTER CROSS

1-2-&3-4 Step R to R side, step L to L side, (&) step R next to L, step forward L, step and cross R over L
5&6 Turn ½ L twisting both heels to R, (&) both heels to L, both heels to centre (6 o'clock)
7&8 Step back on L, (&) R next to L, cross L over R

S2: R&L SIDE ROCK CROSSES, ¾ L, & STEP FORWARD R, HITCH L

1&2-3&4 Rock R to R side recover onto L, cross R over L, rock L to L side recover onto R, cross L over R
5&6 Turn ¼ L stepping back on R, ½ L stepping onto L, step forward on R (9 o'clock)
&7-8 (&) step L next R, step forward onto R, hitch L (option: hitch L and bend upper body forward)

S3: L & R BACK LOCK STEPS WITH HITCHES, L COASTER CROSS, OUT RL& CROSS L

1&2&3&4& Step back on L, cross R over L, step back on L hitch R, step back on R, cross L over R, Step back on R hitch L
5&6 Step back on L, step R next to L, step L across R
&7&8 (&) step R to R side, step L to L side, (&) step R next to L, cross L over R

S4: SWAY RL, BUMP R L ¼ R, STEP L PIVOT ¾ R, L CHASSE ¼ L

1-2-3&4 Sway R L, bump R to R side, bump L to L side, turn ¼ R stepping forward onto R (12 o'clock)
Restart (2) Restart here on wall 5 adding (&)
5-6-7&8 Step forward onto L, turn ¾ R stepping onto R, step L to L side, step R next to L (9 o'clock)
Turn ¼ L stepping forward onto L (6 o'clock)

Restart (1) Restart here on wall 2

S5: ¼ L SIDE R, HEELS BOUNCE, HITCH DIAG L, SIDE L, HEELS BOUNCE, HITCH R DIAG, R ROCK BACK , KICK BALL CROSS, SIDE R

1&2& Turn ¼ L stepping R to R side, (&2) raise both heels up down, hitch L facing L diagonal (3)
3&4& Step down on L, (&4) raise both heels up down, hitch R facing R diagonal
5&6&7-8 Rock back on R,(&) recover onto L, kick R diagonally R, (&) step down on R, cross L over R, Step R to R side

S6: L SAILOR ¼ L, R KICK BALL STEP, R SCUFF HITCH BACK, L TOE BACK, ½ L DIP TURN

1&2 Turn ¼ L crossing L behind R, step R to R side, step L to L side (12 o'clock)
3&4 Kick R forward, step down on R, step forward on L
5&6 Scuff R forward, (&) hitch R, step back on R,
7-8 Touch L toe back and dip down bending both knees, ½ L stepping onto L and standing up (6)

RESTARTS:-

(1) During wall 2 dance first 32 counts up chasse ¼ L then Restart from beginning.
(2) During wall 5 dance first 28 counts up to bump R L ¼ R and then add & step so you can Transfer weight onto L then Restart from beginning.

ENDING: During wall 7 dance up to count 23& , instead of crossing L over R turn ¼ L stepping forward Onto

L. You will now be facing the front.

Just enjoy

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