Country Girl Roll



编舞者: John Dembiec (USA) - March 2015 音乐: God Bless a Country Girl - The Lacs



#16 count intro / start on vocals - No Tags/Restarts

[1-8]□KICK-BALL-STEP, ¼ TURN BOUNCES (X2)

1&2 Kick R forward, Step R next to L, Step L forward 3&4 Making ¼ turn R, b ounce both heels 3 time

5-8 Repeat counts 1-4

[9-16] ☐ HIP BUMPS AND TRAVELING KNEE ROLLS (X2)

1-2	Stepping R to R diagonal bump R hip forward, Bump L hip back
3&	Roll R knee clockwise (from inside to out), Step L next to R
4&	Step R to R diagonal and roll R knee clockwise, Touch L next to R
5-6	Stepping L to L diagonal bump L hip forward, Bump R hip back
7&	Roll L knee counter-clockwise (from inside to out), Step R next to L
8&	Step L to L diagonal and roll L knee counter-clockwise, Touch R next to L

[17-24]□ROCK, ¼ TURN TRIPLE, CROSS, STEP BACK, COASTER

4 0	
1-2	Rock R forward, Replace to L

3&4 Making ¼ turn R Step R to R, Step L next to R, Step R to R

5-6 Cross L over R. Step R back

7&8 Step L back. Step R next to L, Step L forward

[25-32]□HIP BUMPS

1-2	Step R slightly to R and bump hips twice to R
3-4	Step L slightly to L and bump hips twice to L

5-6 Bump hips R, L

7&8 In a clockwise rotation, bump hips with weight ending on L

REPEAT AND HAVE FUN !!!!!!

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Last Update - 30th March 2015