Break The Mould



拍数: 60 墙数: 4 级数: Improver 编舞者: Lorna Mursell (UK) - April 2015 音乐: You Really Wouldn't Want Me That Way - Travis Tritt : (Album: Strong Enough)



Start On Lyrics "I Know"

SEC 1) CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, REC, CROSS, SIDE, CROSS		
1-2	Cross left over right, step right to right side	
3&4	Cross left behind right, step right to right side, cross left over right	
5-6	Rock right to right side, recover on to left	
7&8	Cross right over left, step left to left side, cross right over left	
SEC 2) SIDE ROCK, REC, SAILOR 1/4 TURN LEFT, FORWARD ROCK, REC, SHUFFLE 1/2 TURN RIGHT		
1-2	Rock left to left side, recover on to right	
3&4	Cross left behind rightmaking 1/4 turn left step right beside left Step left forward left	
5-6	Rock forward on right, recover on to left	
7&8	Shuffle 1/2 turn right, stepping right, left, right	

SEC 3) 1/4 ROCK STEP, BEHIND, SIDE, CROSS, SIDE, BEHIND, SHUFFLE 1/4 TURN RIGHT

1-2	Make 1/4 turn to right rocking left to left side, recover on right
3&4	Cross left behind right, step right to right side, cross left over right
5-6	Step right to right side, step left behind right
7&8	Shuffle 1/4 turn right, stepping right, left, right

SEC 4) FORWARD ROCK, REC, COASTER STEP, WALK R, L, KICKBALL, POINT

1-2	Rock forward on left, recover on to right
3&4	Step left back, step right beside left, step left forward
5-6	Walk forward right, walk forward left
7&8	Kick right foot forward, step right foot in place, point left toe to left side
7&8	Kick right foot forward, step right foot in place, point left toe to left sid

SEC 5) SYNCOPATED JAZZ BOX CROSS, POINT, CROSS ROCK, REC, SHUFFLE 1/4 TURN LEFT

	1-2	Cross left over right, step back on to right
	&3-4	Step left to left side, cross right over left, point left toe to left side
RESTART HERE DURING WALL 4 FACING 12 O'CLOCK		
	E G	Cross rook left over right recover on to right

5-6 Cross rock left over right, recover on to right
7&8 Shuffle 1/4 turn left, stepping left, right, left

SEC 6) STEP, LOCK, FORWARD SHUFFLE, PIVOT 1/4 RIGHT, CROSS SHUFFLE

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1-2	Step forward right, lock left behind right	
3&4	Step forward right, step left beside right, step right forward	
5-6	Step forward on left, pivot 1/4 turn right	
7&8	Cross left over right, step right to right side, cross left over right	

SEC 7) HINGE 1/2 TURN LEFT, FORWARD SHUFFLE, FORWARD ROCK, REC, SHUFFLE 1/2 TURN

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1-2	Make a ¼ turn left stepping back on right make a ¼ turn left stepping left to left side
3&4	Step forward on right, step left beside right, step right forward
5-6	Rock forward on left, recover on to right
7&8	Shuffle 1/2 turn left, stepping left, right, left

SEC 8) FULL TURN LEFT, FORWARD SHUFFLE

1-2 Turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left

Restart: During Wall 4, Dance The First 36 Counts Then Restart The Dance Facing 12 O'clock