

Take All This Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver NC2S
编舞者: Sebastiaan Holtland (NL) - March 2014
音乐: Not a Day Goes By - Lee Matthews : (CD: A Little Bitty Country 2014)



(Sequence: 32, 32, 22, Restart, 32, 32, 22, Restart, 32, 30, ending).
Intro 8 counts after playing the piano, start at the vocals.

Sec 1: 1/8 R, Step, 1/8 R, Side, 1/8 R, Step, Runs Fwd R-L, Arabesque (Lift Right Leg Backwards), 1/8 L, Replace, 1/8 L, Side, 1/8 L, Step, 1/8 L, Small Step, Hitch Raise R, Ronde R.

8&1 Turn 1/8 right step Lt back, turn 1/8 right step Rt to the right, turn 1/8 right step Lt fwd.
2&3 Stepping Rt fwd, stepping Lt fwd, lift right leg backwards.
4&5 Turn 1/8 left step Rt back in place, turn 1/8 left step Lt to the left, turn 1/8 left step Rt fwd (12:00)
6&7 Turn 1/8 left step Lt slightly fwd, raise your R knee up, ronde R from front to back.

Sec 2: 1/8 L, Back, 1/8 L, Side, 1/8 L, Step, 1/4 L, Runs Fwd L-R, Step, Sweep R, 2x Cross Rock & Side.

8&1 Turn 1/8 left step Rt back, turn 1/8 left step Lt to the left, turn 1/8 left step Rt fwd (6:00)
2&3 Turn 1/4 left (3) stepping Lt fwd, stepping Rt fwd, step Lt fwd and sweep Rt from back to front.
4&5 Cross rock Rt fwd, recover on Lt, step Rt to the right.
6&7 Cross rock Lt fwd, recover on Rt, step Lt to the left.

Sec 3: Full Unwind L with Sweep, Sailor Step, 1/4 L, Side Rock, Recover, Step, Side, Together, Step.

8&1 Cross Rt over Lt, keeping weight on Rt, unwind a full turn left sweeping Lt from front to back.
2&3 Step Lt behind Rt, step Rt to the right, step Lt slightly fwd.
4&5 Turn 1/4 left (12) rock Rt to the right, recover on Lt, step Rt fwd.

Restart here WALL 3/6 after 22 count (facing 12 o'clock) after start again (facing 12 o'clock).

6&7 Step Lt to the left, step Rt next to Lt, step Lt slightly fwd.

Sec 4: Recover, Sweep L, Back, Sweep R, Sailor Step, Fwd Rock, Recover, 1/4 L, Side, Behind, 1/4 L, Side, Step.

8&1 Recover on Rt and sweep Lt from front to back, step Lt back, sweep Rt from front to back.
2&3 Step Rt behind Lt, step Lt to the left, step Rt slightly fwd.
4&5 Rock Lt fwd, recover on Rt, turn 1/4 left (9) step Lt to the left.
6-7 Step Rt behind Lt, turn 1/4 left (6) step Lt to the left, step Rt fwd weight onto Rt.

Start again and have fun!

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