

Lovers Prayer (為愛祈禱) (zh)

COPPER KNOB
STEPSHEETS

拍数: 78 墙数: 4 级数: Intermediate
编舞者: Mark Caley (UK) & Jan Caley (UK) - 2007年11月
音乐: My Lover's Prayer - Alistair Griffin & Robin Gibb : (CD: Single)



前奏 : Start after 24 count intro -on main beat just before vocals 24拍後唱歌前起跳

第一段 Back Twinkles, Step Forward Point, Step Back Point 後華士步, 後華士步, 踏左點候, 後踏右點候

- 1-3 Step Right Behind Left, Step Left In Place, Replace Weight To Right 右足於左足後踏, 左足踏, 右足踏
4-6 Step Left Behind Right, Step Right In Place, Replace Weight To Left 左足於右足後踏, 右足踏, 左足踏
7-9 Step Forward On Right, Point Left Out To Side, Hold For 2
右足前踏左足左點, 候2拍
10-12 Step Back On Left, Point Right Out To Side, Hold For 2
左足後踏右足右點, 候2拍

第二段 Rolling Vine Rt, Cross, Hold X2, Step Right, Left, Right In Place, Rolling Vine Lt 轉華倫, 交叉候2拍, 後華爾滋, 轉華倫

- 1-3 Step Fwd On Rt Making 1/4 Turn Right, Step Back On Lt Making 1/2 Turn Rt, Right Step To Side Making 1/4 Turn Rt
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏
4-6 Cross Left Over Right, Hold For 2
左足於右足前交叉踏, 候2拍
7-9 Step Back On Right, Left Step Beside Right, Step Right In Place
右足後踏, 左足併踏, 右足踏
10-12 Step Fwd On Lt Making 1/4 Turn Lt, Step Back On Rt Making 1/2 Turn Left, Lt Step To Side Making 1/4 Turn Lt
左轉90度左足前踏, 左轉180度右足後踏, 左轉90度左足左踏

2ND RESTART: ***** Restart Here On 6th Wall (Facing 12.00) *****
第六面牆跳至此, 面向12點鐘, 從頭起跳

第三段 Cross, Hold, Step Back Left, Right, Left, Sway Right, Sway Left 交叉, 候, 後華爾滋, 右擺臀, 左擺臀

- 1-3 Cross Right Over Left, Hold For 2 右足於左足前交叉踏, 候2拍
4-6 Step Back On Left, Right Step Beside Left, Step Left In Place
左足後踏, 右足併踏, 左足踏

1ST RESTART: ***** Restart Here On 3rd Wall (Facing 6.00)*****
第三面牆跳至此, 面向6點鐘從頭起跳

- 7-9 Right Step To Side (Sway To Right) Hold For 2
右足右踏右擺臀, 候2拍
10-12 Left Step To Side (Sway To Left) Hold For 2
左足左踏左擺臀, 候2拍

第四段 Right Step Fwd, 1/2 Left Step Fwd, 1/4 Right Step Fwd, 1/2 Left Step Fwd 踏, 1/2 1/4 1/2

- 1-3 Right Step Forward, Hold For 2
右足前踏, 候2拍
4-6 Make 1/2 Turn Left Stepping Forward On Left, Hold For 2
左轉180度左足前踏, 候2拍
7-9 Make 1/4 Turn Right Stepping Forward On Right, Hold For 2
右轉90度右足前踏, 候2拍
10-12 Make 1/2 Turn Left Stepping Forward On Left, Hold For 2
左轉180度左足前踏, 候2拍

- 第五段 Forward Twinkles (X2), Back Right Twinkle, 1/2 Turn Left Sweeping Right To Side 華士步, 華士步, 後華爾滋, 踏 慢轉繞**
- 1-3 Step Right Over Left, Step Left In Place, Replace Weight To Right
右足於左足前交叉踏, 左足踏, 右足踏
- 4-6 Step Left Over Right, Step Right In Place, Replace Weight To Left 左足於右足前交叉踏, 右足踏, 左足踏
- 7-9 Step Right Behind Left, Step Left In Place, Replace Weight To Right 右足於左足後踏, 左足踏, 右足踏
- 10-12 Step On Left, Make 1/2 Turn Left Sweeping Right Out To Side (Over 2 Counts) 左足踏, 左轉180度右足以2拍向前繞
- 第六段 Forward Twinkles (X2), Back Right Twinkle, 1/2 Turn Left Sweeping Right To Side 華士步, 華士步, 後華爾滋, 踏 慢轉繞**
- 1-3 Step Right Over Left, Step Left In Place, Replace Weight To Right
右足於左足前交叉踏, 左足踏, 右足踏
- 4-6 Step Left Over Right, Step Right In Place, Replace Weight To Left 左足於右足前交叉踏, 右足踏, 左足踏
- 7-9 Step Right Behind Left, Step Left In Place, Replace Weight To Right 右足於左足後踏, 左足踏, 右足踏
- 10-12 Step On Left, Make 1/2 Turn Left Sweeping Right Out To Side (Over 2 Counts) 左足踏, 左轉180度右足以2拍向前慢繞
- 第七段 Forward Right Twinkle, Cross Left Over Right Unwind Full Turn Right Sweeping Right To Side 華士步, 交叉 繞轉圈帶繞**
- 1-3 Step Right Over Left, Step Left In Place, Replace Weight To Right
右足於左足前交叉踏, 左足踏, 右足踏
- 4-6 Cross Left Over Right (Weight On Left), Unwind A Full Turn Right Sweeping Right Out To Side 左足於右足前交叉踏, 右繞轉圈右足向後繞
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