

# Love Is Alive (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 0      级数: Intermediate Social Partner  
编舞者: Linda Sansoucy (CAN) - March 2015  
音乐: Stumblin' In by Markus Meier & Tania Kernaghan



Position: Facing partner. Man facing OLOD. Lady facing ILOD. Hands joined  
Intro: 16 counts

## **S1 : BACK ROCK, SHUFFLE TURN ¼ LEFT, ROCK STEP FORWARD, SHUFFLE TURN ½ RIGHT**

1-2      MAN: Cross/rock right behind, recover to left

1-2      LADY: Cross/rock left over, recover to right

### **Release both hands**

3&4      MAN: Chassé side right-left-right turning ¼ left (LOD)

3&4      LADY: Chassé side left-right-left turning ¼ left (RLOD)

### **Man's left hand and lady's left hand are raised, palm to palm**

5-6-7&8      MAN: Rock left back, recover to right, chassé forward left-right-left turning ½ right (RLOD)

5-6-7&8      LADY: Rock right forward, recover to left, chassé back right-left-right turning ½ right (LOD)

### **Man's right hand and lady's right are palm to palm**

## **S2 : BACK ROCK, SHUFFLE TURN ½ LEFT, BACK ROCK, SHUFFLE FORWARD**

1-2      MAN: Rock right back, recover to left

1-2      LADY: Rock left forward, recover to right

### **Join left hands, which pass over lady's head as she turns**

3&4      MAN: Chassé forward right-left-right turning ¼ left (OLOD)

3&4      LADY: Chassé back left-right-left turning ½ left (RLOD)

5-6      MAN: Turn ¼ left and rock left back, recover to right (LOD)

5-6      LADY: Turn ½ left and rock right back, recover to left (LOD)

### **Rejoin both hands in Side-By-Side Position**

7&8      MAN: Chassé forward left-right-left

7&8      LADY: Chassé forward right-left-right

## **S3 : WALK, WALK, SHUFFLE FORWARD, STEP ¼ TURN, STEP ¼ TURN, SHUFFLE FORWARD**

### **Release left hands. Raise right hands and lady turns under raised right hands**

1-2      MAN: Step right forward, step left forward

1-2      LADY: Turn ½ right and step left back, turn ½ right and step right forward

3&4      MAN: Chassé forward right-left-right

3&4      LADY: Chassé forward left-right-left

### **Release the right hands. Take left hands low past hips, then up as man passes under raised left hands**

5-6      MAN: Step left forward, turn ¼ right and step right forward (OLOD)

5-6      LADY: Turn ¼ left and step right forward (crossing in front of man), turn ¼ left and step left forward (RLOD)

### **Lady is now on inside of circle. Man on outside**

7&8      MAN: Turn ¼ right and chassé forward left-right-left (RLOD)

7&8      LADY: Chassé forward right-left-right

### **Left hands joined in front**

## **S4 : ROCK STEP FORWARD, SHUFFLE TURN ½ RIGHT, WALK, WALK, SHUFFLE FORWARD**

1-2      MAN: Rock right forward, recover to left

1-2      LADY: Rock left forward, recover to right

### **Raise left hands. Lady passes under raised left hands**

3&4      MAN: Chassé back right-left-right turning ½ right (LOD)

3&4      LADY: Chassé back left-right-left turning ½ left (LOD)

5-6      MAN: Step left forward, step right forward

5-6 LADY: Turn  $\frac{1}{2}$  left and step right back, turn  $\frac{1}{2}$  left and step left forward

**Rejoin hands in Left Side-By-Side Position**

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right

**S5 : ROCK STEP FORWARD, SHUFFLE TURN  $\frac{1}{2}$  RIGHT,  $\frac{1}{2}$  TURN, SHUFFLE FORWARD**

1-2 MAN: Rock right forward, recover to left

1-2 LADY: Rock left forward, recover to right

**Release both hands**

3&4 MAN: Chassé back right-left-right turning  $\frac{1}{2}$  right (RLOD)

3&4 LADY: Chassé back left-right-left turning  $\frac{1}{2}$  left (RLOD)

5-6 MAN: Step left forward, turn  $\frac{1}{2}$  right (weight to right) (LOD)

5-6 LADY: Step right forward, turn  $\frac{1}{2}$  left (weight to left) (LOD)

**Rejoin inside hands**

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right

**S6 : ROCK STEP FORWARD, COASTER STEP, WALK, WALK, SHUFFLE FORWARD, ROCK RIGHT**

1-2-3&4 MAN: Rock right forward, recover to left, right coaster step

1-2-3&4 LADY: Rock left forward, recover to right, left coaster step

**Lady moves slightly forward of man on coaster step**

**Raise joined hands. Lady will turn under raised hands**

5 MAN: Step left diagonally forward (crossing behind lady)

5 LADY: Turn  $\frac{1}{2}$  left and step right back

**Release man's left hand from lady's right hand. Join man's right hand with lady's left hand in front, then raise it for lady to turn under**

6 MAN: Step right forward

6 LADY: Turn  $\frac{1}{2}$  left and step left forward

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right (moving to right side of man)

**Man has now returned to inside of circle, lady to outside. Inside hands are joined low**

**S7 : ROCK STEP FORWARD, SHUFFLE TURN  $\frac{1}{2}$  RIGHT, ROCK STEP FORWARD, SHUFFLE TURN  $\frac{1}{2}$  LEFT**

1-2 MAN: Rock right forward, recover to left

1-2 LADY: Rock left forward, recover to right

3&4 MAN: Chassé back right-left-right turning  $\frac{1}{2}$  right

3&4 LADY: Chassé back left-right-left turning  $\frac{1}{2}$  left

**As you face partner during chassé back, release hands and join the opposite hands. Now facing RLOD with inside hands joined**

5-6 MAN: Rock left forward, recover to right

5-6 LADY: Rock right forward, recover to left

7&8 MAN: Chassé back left-right-left turning  $\frac{1}{2}$  left

7&8 LADY: Chassé back right-left-right turning  $\frac{1}{2}$  right

**As you face partner during chassé back, release hands and join the opposite hands. Now facing LOD with inside hands joined**

**S8 :  $\frac{1}{2}$  TURN, SHUFFLE TURN  $\frac{1}{4}$  LEFT, BACK ROCK, SIDE SHUFFLE**

**Release hands**

1-2 MAN: Step right forward, turn  $\frac{1}{2}$  left (weight to left) (RLOD)

1-2 LADY: Step left forward, turn  $\frac{1}{2}$  right (weight to right) (RLOD)

3&4 MAN: Turn  $\frac{1}{4}$  left and chassé side right-left-right (OLOD)

**Lady: turn  $\frac{1}{4}$  right and chassé side left-right-left (ILOD)**

**Partners are now face-to-face. Rejoin both hands**

5-6 MAN: Cross/rock left behind, recover to right

5-6 LADY: Cross/rock right behind, recover to left

7&8	MAN: Chassé side left-right-left
7&8	LADY: Chassé side right-left-right

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