Best Year 2015



拍数: 32 墙数: 4 级数: Beginner

编舞者: Audrey Watson (SCO) - March 2015

音乐: Best Year - Callaghan: (iTunes)



#16 Count Intro - This dance is a floor split with the Improver Dance Best Year.

S1: Grapevine Right Scuff, Grapevine Left Scuff.

1-2 Step right to right side, step left behind right.
3-4 Step right to right side, scuff left next right.
5-6 Step left to left side, cross right behind left.
7-8 Step left to left side, scuff right next left.

S2: Rocking Chair, Step ½ Turn, Back Rock.

1-2 Rock Fwd on Right, recover back on left.
3-4 Rock back on right, recover fwd on left.
5-6 Step right pivot ½ right stepping back on left.
7-8 Rock back on right, recover fwd on left.

Restart dance from beginning during Wall 5□

S3: Cross Side Behind Sweep, Behind Side Cross Hold.

1-2 Cross right over left, step left to left side.

3-4 Cross right behind left, sweep left from front to back.

5-6 Cross left behind right, step right to right side.

7-8 Cross left over right, hold for a beat.

Restart dance from beginning during Wall 11

S4: Rock Rock ¼ Hitch, Side Rock, Cross Clap.

1-2 Rock right to right side, rock left to left side.

3-4 Turn ¼ right stepping fwd on right, hitch left knee.

5-6 Rock left to left side, recover on right.

7-8 Cross left over right, clap hands.

Last Update - 2nd April 2015